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SUMMARY

Current Positions

Bernard Lown Scholar in Cardiovascular Health

Department of Global Health and Population | Harvard T.H. Chan School of Public Health, Boston, US.

July 2019 – Present

- Lead research projects on cardiovascular health in low- and middle-income countries.
- I have successfully secured funding for **three grant proposals** covering diabetes prevention, hypertension control, and misinformation.

Senior Researcher in Epidemiology and Implementation Science

Foundation for Clinical, Epidemiological, and Public Health Research of Venezuela (FISPEVEN), Venezuela.

Sep 2014 - Present

- Conduct extensive medical writing, data collection, project coordination, and statistical analysis.
- **Mentor** junior researchers and managed the submission of grant proposals.

FORMER POSITIONS

Senior Consultant - Lancet Commission on Type 1 Diabetes

University of Geneva · Contract

January 2025 – August 2025

- Systematic Review and Meta-analysis to elucidate how mortality rates and trends related to T1D have changed since the introduction of insulin therapy

September 2019 – December 2024

Senior Researcher at the International Clinical Research Center at Saint Anne Hospital, Brno, Czechia.

EDUCATION

- **Specialist in Internal Medicine:** University of the Andes, Merida, Venezuela (2008-2010).
- **Medical Doctor (M.D.):** University of the Andes, Merida, Venezuela (1998-2004).

RESEARCH EXPERIENCE

- **Principal Investigator:** Over the past 6 years, I have served as a research leader with a robust publication record.
- **Publications:** 122
 - *01 Book*
 - *79 original*
 - *35 reviews*
 - *7 book chapters*
- **Posters Presented:** 60
- **Indices:** [H Index – 24](#), [I10 Index – 47](#)

LANGUAGES

- English: Business Proficiency
- Spanish: Native Speaker

KEY CAPABILITIES

Medical Writing; Team Leadership; Problem-Solving; Statistical Analysis.

SOCIAL NETWORKS

BLOG



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1. Current Positions:

Bernard Lown Scholar in Cardiovascular Health.

Department of Global Health and Population | Harvard T.H. Chan School of Public Health, Boston, US. gonzalezrivas@hsph.harvard.edu

Principal Investigator – FISPEVEN INC

Foundation for Clinical, Public Health, and Epidemiological Research of Venezuela (FISPEVEN), Caracas, Venezuela. <https://fispeven.com/>

Co-Founder and Research Director of METRICS - International Network of Researchers in Cardiometabolic Risk Factors. <https://metricscm.com/>

Founder and CEO of PRODI - Lifestyle Intervention Programs. <https://proditeam.com/>

2. Narrative Summary

Clinical Experience:

I have been a Medical Doctor since 2004 and a specialist in Internal Medicine since 2010, with both qualifications earned at the University of the Andes, Venezuela. In 2010, I received awards for achieving the highest-grade Point Average (18.5/20.0) and for the best Research Project among the Internal Medicine 2008-2010 cohort scholars. My clinical experience as an internist spanned from 2011 to 2018, during which I served as the director of a private medical center focused on clinical care and research.

Research Experience:

My research focuses on the epidemiology of cardiometabolic risk factors and the implementation of preventive programs.

Epidemiology in Venezuela:

Between 2006 and 2019, I co-led three major epidemiological studies on cardiometabolic risk factors in Venezuela:

- **VEMSOLS Study** (2006-2010): Sub-national sample.
- **EVESCAM Study** (2014-2017): National representative sample.
- **EVESCAM Follow-up** (2018-2019).

Collaborating with the Venezuelan Society of Internal Medicine and utilizing the EVESCAM database, I spearheaded the **Pyramid of Researchers** project. This project trained over 60 novice researchers, who presented 40 posters at three National Congresses of Internal Medicine (2017-2019). In May 2018, the Venezuelan Society of Internal Medicine awarded me the Research Award for this project.

Lown Scholar at Harvard:

Since 2019, I have served as the Bernard Lown Scholar in the Cardiovascular Health Program at the Harvard T.H. Chan School of Public Health. As part of this role, I completed a summer course on Global Cardiovascular Health and secured funding for three grant proposals:

- **Misinformation on Cardiovascular Health** (2024-2025): A scoping review of literature and social media.
- **Venezuela Hypertension Project** (2023-2024): Utilizing the WHO's HEARTS Technical Package to improve hypertension control in Venezuela.
- **HITS Diabetes Prevention** (2021-2022): Implemented in Venezuela, focusing on lifestyle interventions for diabetes prevention.

Senior Researcher in Czechia:

In 2019, I joined the International Clinical Research Center (ICRC) at St Anne's University Hospital (FNUSA) in Brno, Czech Republic, as the Senior Researcher of the Kardiovize study. Between July 2020 and December 2023, I served as the Principal Investigator, overseeing the project's transculturalization process to address the cardiometabolic burden, analyzing related factors, and implementing preventive programs. A pilot Diabetes Prevention Program was successfully evaluated in 2021, leading to the creation of a sustainable business model. In January 2024, I transitioned to the role of Senior Researcher with the Acute Coronary Syndromes team. I finished the collaboration with ICRC in December 2024.

METRICS – International Cardiometabolic Consortium:

In collaboration with Dr. Ramfis Nieto Martinez and Dr. Jeffrey Mechanick, we co-founded **METRICS** (<https://metricscm.com/>) in July 2020. This consortium focuses on cardiometabolic risk factors, engaging over 20 researchers from 8 countries in more than 30 projects. We have monthly meetings where we discuss and advance diverse activities.

PRODI – Lifestyle Intervention Programs and Health Education:

In September 2022, I launched PRODI, an initiative aimed at improving health literacy on cardiometabolic risk factors via social media. By January 2024, we reached 13,000 followers on Instagram (<https://www.instagram.com/proditeam/>), sharing educational content to enhance cardiometabolic health in Latin America.

Lancet Commission on Type 1 Diabetes

In January 2025, I started a contract with the University of Geneva to develop a systematic review and meta-analysis on the mortality in T1D as part of a Lancet commission project.

3. Career and Education

Career history

<i>From</i>	<i>To</i>	<i>Position</i>	<i>Organization</i>
<i>Jan 2025</i>	<i>Present</i>	<i>Senior Consultant</i>	<i>University of Geneva, Switzerland</i>
<i>Jan 2024</i>	<i>Dec 2024</i>	<i>Senior Researcher</i>	<i>International Clinical Research Center, Brno, Czechia</i>
<i>July 2020</i>	<i>Dec 2023</i>	<i>Principal Investigator</i>	<i>International Clinical Research Center, Brno, Czechia</i>
<i>Sep 2019</i>	<i>Jun 2020</i>	<i>Senior Researcher</i>	<i>International Clinical Research Center, Brno, Czechia</i>
<i>Jan 2018</i>	<i>Aug 2019</i>	<i>Internist</i>	<i>Clinica Santiago de Mérida, Venezuela.</i>
<i>Jan 2011</i>	<i>Jan 2018</i>	<i>Director</i>	<i>The Andes Clinic of Cardio-Metabolic Studies, Venezuela.</i>
<i>Jan 2008</i>	<i>Dec 2010</i>	<i>Resident of Internal Medicine</i>	<i>University Hospital of the University of the Andes, Venezuela.</i>
<i>Jan 2007</i>	<i>Dec 2007</i>	<i>Assistant Resident of Internal Medicine</i>	<i>Venezuelan Institute of Social Security, Venezuela.</i>
<i>Jan 2006</i>	<i>Dec 2006</i>	<i>Internal Medic</i>	<i>Hospital II Mucuchies, Merida State, Venezuela.</i>
<i>Dec 2004</i>	<i>Dec 2005</i>	<i>Rural Doctor</i>	<i>Rural Outpatient II La Toma, Merida State, Venezuela.</i>

Education/training

<i>From</i>	<i>To</i>	<i>Qualification</i>	<i>Subject</i>	<i>Organization</i>
<i>Jul 2019</i>	<i>Aug 2019</i>	<i>Lown Scholar</i>	<i>Cardiovascular Health Program</i>	<i>Harvard T.H. School of Public Health, Boston US</i>
<i>May 2014</i>	<i>Oct 2014</i>	<i>Diploma</i>	<i>Methodology in Scientific Investigation and Biostatistics</i>	<i>University of the Andes, Merida, Venezuela</i>
<i>Dec 2008</i>	<i>Dec 2010</i>	<i>Specialist in Internal Medicine</i>	<i>Internal Medicine</i>	<i>University of the Andes, Merida, Venezuela</i>
<i>Jan 1998</i>	<i>Dec 2004</i>	<i>Medical Doctor (MD)</i>	<i>Medicine</i>	<i>University of the Andes, Merida, Venezuela</i>

4. Research Grants:

As a Principal Investigator (PI):

2023-2025

Project Title: **Misinformation on cardiovascular health**: A scoping review of literature and social media. Award Number: # #RFA-2301. Award Date: 8/29/2023. Awarded by: **The Bernard Lown Scholars in Cardiovascular Health Program**. Harvard T.H. Chan School of Public Health. Principal Investigator(s): Juan P. Gonzalez-Rivas. **Amount: USD 14,934.**

2023-2024

Project Title: Improving Hypertension Control in Venezuela using the HEARTS Technical Package of the WHO. **The Venezuela Hypertension Project**. Award Number: # BLSCHP-2302. Award Date: 19 December 2022. Awarded by: **The Bernard Lown Scholars in Cardiovascular Health Program**. Harvard T.H. Chan School of Public Health. Principal Investigator(s): Juan P. Gonzalez-Rivas. **Amount: USD 28,652.**

2020-2021

Project Title: Hybridized Three Steps (HITS) Intervention to Prevent Diabetes in Venezuela. **HITS Diabetes with Prevention**, An EVESCAM lifestyle intervention study. Award Number: #BLSCHP-2004. Award Date: 15/201/2020. Awarded by: **The Bernard Lown Scholars in Cardiovascular Health Program**. Harvard T.H. Chan School of Public Health. Principal Investigator(s): Juan P. Gonzalez-Rivas. **Amount: USD 46,990.**

As a Senior Researcher:

2018-2019

Project Title: Effect of Socioeconomic Status on Cardiometabolic Risk During the Venezuelan Humanitarian Crisis: **EVESCAM Cohort Study**. Award Number: BLSCHP-1703. Award Date: 12/20/2017. Awarded by: **The Bernard Lown Scholars in Cardiovascular Health Program**. Harvard T.H. Chan School of Public Health. Ramfis Nieto-Martinez. P.I. Juan P. Gonzalez-Rivas. Co-I. Amount: \$ 23,501.

2014-2017

Project Title: Venezuelan Study of Cardio-Metabolic Health - National Survey (**EVESCAM**). Awarded by Novartis. Award number: Laboratory Grant # CVAL489AVE01T. Ramfis Nieto-Martínez, P.I.; Juan P. Gonzalez-Rivas Co-I. Amount: \$ 350,000 direct costs

2011-2015

Project Title: Venezuelan Metabolic Syndrome, Obesity and Lifestyle Study (**VEMSOLS**). Awarded by: The Organic Law of Science, Technology and Research. (LOCTI-UCLA) Project # 568 -ME-2009. Ramfis Nieto-Martinez (P.I). Juan P. Gonzalez-Rivas (Co-I). Amount: \$15,870.

5. My Personality Archetypes



Inspirers lead by motivating people to get behind a challenging and important idea, project, or business objective. They tend to be motivating, engaging, supportive, and leadership-oriented.



You can see the full results here: <https://principlesyou.com/share/5bP4qIGHUJsCu9Q>

6. List of Software that I can manage

High and Middle Level:

Office:

- Microsoft Office 356: Outlook, Calendar, Word, PowerPoint, Excel.
- Microsoft Power Automate.
- Zoom
- EndNote

Video Edition and Photography:

- Davinci Resolve
- CapCut
- Clipchamp
- Adobe Illustrator
- Lightroom
- Photoshop
- Adobe Express
- Canva

Statistics:

- SPSS
- R

AI Tools:

- LLM: ChatGPT, Gemini, CoPilot
- Image Generator: DaLLE, CoPilot
- Grammar: Grammarly.

Webpage Design:

- WordPress
- Elementor

I am learning about:

- Unreal Engine as a hobby.

7. Publications:

Books:

1. Juan Pablo González-Rivas. *The Migrant's Odyssey: A Doctor's Journey Through Crisis and Transformation*. Independently Published. November 2025; ISBN: B0FYY7SDYK. <https://www.amazon.es/Migrants-Odyssey-Doctors-Journey-Transformation/dp/B0FYZY1DL4>

Articles in Peer-Reviewed Journals: *Original Articles*

1. Sang Gune K Yoo, Felix Teufel, Michaela Theilmann, Yajuan Si, Elhadji A Toure, Krishna Aryal, Till Bärnighausen, Abdul Bait, Marta Barreto, Pascal Bovet, Luisa C C Brant, Sarah Cuschieri, Albertino Damasceno, Farshad Farzadfar, Asher Fawwad, Pascal Geldsetzer, Ian R Hambleton, Corine Houehanou, Christina Howitt, Jutta Jørgensen, Juan P González-Rivas, Demetre Labadarios, Maja Marcus, Joao Martins, Omar Mwalim, Ramfis Nieto-Martínez, Augustine N Odili, Binur Orazumbekova, Gastón Perman, Sarah Quesnel-Crooks, Sahar Saeedi Moghaddam, Ronel Sewpaul, Mafalda Sousa-Uva, Mubarak A Sulola, Kavita Venkataramanan, Sebastian Vollmer, Sim Xueling, Rifat Atun, José R Banegas, Juan V A Franco, Clare Arnott, Nomathemba Chandiwana, Mark D Huffman, Justine Davies, Mohammed K Ali, David Flood, Jennifer Manne-Goehler. **GLP-1 receptor agonists for obesity: eligibility across 99 countries**. *Lancet Diabetes & Endocrinology*. Volume 14, Issue 2p105-108; February 2026. [https://www.thelancet.com/journals/landia/article/PIIS2213-8587\(25\)00356-0/fulltext](https://www.thelancet.com/journals/landia/article/PIIS2213-8587(25)00356-0/fulltext)
2. Nieto-Martínez, R., Babagoli, M.A., Gonzalez-Rivas, J.P. *et al*. **Characterizing the Venezuelan situation between 2014-2020 in a population-based study using seven key indicators**. *BMC Public Health* **25**, 2133 (2025). <https://doi.org/10.1186/s12889-025-23125-0>
3. Anna Zimovjanová, Frederick Murunga Wekesah, Fatemeh Dehghani Firouzabadi, Jan Brož, Jana Urbanová, Jeffrey I Mechanick, Natalia Sulbarán, Andrea Medina, Geraldo A Maranhao Neto, Ramfis Nieto-Martinez, Masih A Babagoli, Maritza Torres, Monika Kunzová, Martin Pešl, José Medina, Eunice Ugel, Hesam Jahandideh, Maryam Roomiani, Niloofar Deravi, Amirhossein Poopak, Alireza Esteghamati, Juan P González-Rivas. **Association of depressive symptoms and social determinants of health in medical students of four countries - Czechia, Iran, Kenya, and Venezuela**. *Cent Eur J Public Health*. 2025 Mar;33(1):17-23. DOI: [10.21101/cejph.a8222](https://doi.org/10.21101/cejph.a8222)
4. Arian Taniwall; Michala Lustigová; Jan Brož; Pavlína Krollová; Juraj Michalec; Kristýna Žejglicová; Jana Malinovská; Lucia Bučková; Juan P. González-Rivas; Geraldo A. Maranhao Neto; Iuliia Pavlovska; Martina Tuháčková; Lukáš Rozsival; Jana Urbanová. **Hypertension in Czech Adults Aged 25-64: Prevalence, Awareness, Control and Risk Factors in 2019 - A Cross-Sectional Study**. *Med Princ Pract* (2025). <https://doi.org/10.1159/000545945>

5. Anna Zimovjanová¹, Frederick Murunga Wekesah^{2, 3, 4}, Fatemeh Dehghani Firouzabadi^{5, 6, 7}, Jan Brož⁸, Jana Urbanová⁹, Jeffrey I. Mechanick¹⁰, Natalia Sulbarán¹¹, Andrea Medina¹¹, Geraldo A. Maranhao Neto¹², Ramfis Nieto-Martínez^{2, 13, 14}, Masih A. Babagoli¹⁰, Maritza Torres¹⁵, Monika Kunzová^{12, 16}, Martin Pešl^{12, 17, 18}, José Medina¹⁹, Eunice Ugel^{2, 13, 20}, Hesam Jahandideh⁶, Maryam Roomiani⁶, Niloofar Deravi^{5, 21}, Amirhossein Poopak⁵, Alireza Esteghamati⁵, Juan P. González-Rivas. **Association of depressive symptoms and social determinants of health in medical students of four countries - Czechia, Iran, Kenya, and Venezuela.** *Cent Eur J Public Health* 2025, **33(1)**:17-23 | DOI: 10.21101/cejph.a8222
6. Juan P. González-Rivas, María M. Infante-García, Jeffrey I. Mechanick, Rebeca Figueroa Heras, Ramfis Nieto-Martínez, María Inés Marulanda, Eunice Ugel, Roald Gómez-Pérez, Goodarz Danaei. **Implementing a Low-Calorie diet to Enhance weight loss in the diabetes Prevention Program during a humanitarian Crisis: A pilot pragmatic randomized trial in Venezuela.** *Diabetes Research and Clinical Practice* Volume 222, April 2025, 112051. <https://doi.org/10.1016/j.diabres.2025.112051>
7. Babagoli MA, Beller MJ, Gonzalez-Rivas JP, Nieto-Martinez R, Gulamali F and Mechanick JI. **Bayesian network model of ethno-racial disparities in cardiometabolic-based chronic disease using NHANES 1999–2018.** Oct 2024. *Frontiers in Public Health* 12. DOI: [10.3389/fpubh.2024.1409731](https://doi.org/10.3389/fpubh.2024.1409731)
8. NCD Risk Collaboration Group. General and abdominal adiposity and hypertension in eight world regions: a pooled analysis of 837 population-based studies with 7·5 million participants. Aug 2024. *The Lancet* 404(10455):851-863. DOI: [10.1016/S0140-6736\(24\)01405-3](https://doi.org/10.1016/S0140-6736(24)01405-3)
9. Bartoskova Polcrova, A., Dalecka, A., Szabo, D., Juan P González-Rivas, et al. **Social and environmental stressors of cardiometabolic health.** *Sci Rep* 14, 14179 (2024). <https://doi.org/10.1038/s41598-024-64847-2>
10. Barbora Berka, Michala Lustigová, Jana Urbanová, Pavlína Krollová, Ondřej Hloch, Alexandra Romanová, Juraj Michalec, Arian Taniwall, Kristýna Žejglicová, Jana Malinovská, Michael Jenšovský, Veronika Vejtasová, Juan P. González-Rivas, Geraldo A. Maranhao Neto, Iuliia Pavlovska, Jan Brož. **Cascade of care for hypertension among apparently healthy and unhealthy individuals of 25–64 years in the Czech Republic.** *PLoS ONE* 19(4): e0301202. <https://doi.org/10.1371/journal.pone.0301202>
11. NCD Risk Collaboration Group. Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults. *The Lancet*. February 2024; DOI [10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2)
12. Arian Taniwall, Jan Broz, Michala Lustigova, Juan P. Gonzalez-Rivas, Geraldo De Albuquerque Maranhao Neto, Iuliia Pavlovska, Pavlina Krollova, Barbora Berka, Ondrej Patek, Lucia Fackovcova, Petr Hoffmann, Jana Mlichova, Ludmila Brunerova, Jana Urbanova. **Effectiveness of treatment of arterial hypertension in Central Europe from 1972 to 2022.** 2024 *Bratislava Medical Journal* 125(5):322-330 DOI: [10.4149/BLL_2024_48](https://doi.org/10.4149/BLL_2024_48)

13. Dina Goodman-Palmer, Juan P. González-Rivas, Lindsay M. Jaacks , Maritza Duran, María Inés Marulanda, Eunice Ugel, Jorge E. Chavarro, Goodarz Danaei, Ramfis Nieto-Martinez. **The diabetes care continuum in Venezuela: Cross-sectional and longitudinal analyses to evaluate engagement and retention in care.** *LOS Glob Public Health* 4(1): e0002763. <https://doi.org/10.1371/journal.pgph.0002763>
14. Geraldo Neto, Martin Bobak, Juan P. Gonzalez-Rivas, Jana Klanova. The Influence of Adiposity Levels on the Relation between Perfluoroalkyl Substances and High Depressive Symptom Scores in Czech Adults. *Toxics* 2023, 11(11), 946; <https://doi.org/10.3390/toxics11110946>
15. Bin Zhou; Kate E. Sheffer; James Bennett; Majid Ezzati, et al. NCD Risk Collaboration Group. **Global variation in diabetes diagnosis and prevalence based on fasting glucose and hemoglobin A1c.** *Nature Medicine* volume 29, pages2885–2901 (2023). <https://doi.org/10.1038/s41591-023-02610-2>
16. Ramfis Nieto-Martinez, Jeffrey I. Mechanick, Juan p. Gonzalez-Rivas, Eunice Ugel, Rocio Iglesias, Megan Clyne, Carlos Grekin. **Revised Case Finding Protocol for Dysglycemia in Chile: A Call for Action in Other Populations.** *Clinical Nutrition ESPEN.* 2023. <http://dx.doi.org/10.1016/j.eprac.2023.04.010>
17. Riccardo Proietti, Geraldo A. Maranhão Neto, Sarka Kunzova, Oriana Lo Re, Ari Ahola-Olli, Juho Heliste, Juan Pablo Gonzalez-Rivas, Manlio Vinciguerra. **Pharmacogenomic profile of a central European urban random population-Czech population.** April 2023 *PLoS ONE* 18(4):e0284386 DOI: [10.1371/journal.pone.0284386](https://doi.org/10.1371/journal.pone.0284386)
18. Anna Bartoskova, R Nieto-Martinez, J.I Mechanick, G Neto, M. M Infante-Garcia, H Pikhart, Martin Bobak, J Medina-Inojosa, Juan P Gonzalez-Rivas. **Comparison of social gradient in cardiometabolic health in Czechia and Venezuela: a cross-sectional study.** *BMJ Open* 2023, <https://bmjopen.bmj.com/content/13/3/e069077>
19. NCD Risk Collaboration Group; **Diminishing benefits of urban living for children and adolescents’ growth and development.** *Nature* 615, pages874–883 (2023) <https://www.nature.com/articles/s41586-023-05772-8>
20. Kunzova, M.; Neto, G.A.M.; Infante-Garcia, M.M.; Nieto-Martinez, R.; González-Rivas, J.P. **Risk Factors Associated with the Consumption of Sugar-Sweetened Beverages among Czech Adults: The Kardiovize Study.** *Nutrients* **2022**, *14*, 5297. <https://doi.org/10.3390/nu14245297>
21. Geraldo A. Maranhao Neto, Anna Bartoskova Polcrova, Anna Pospisilova ,Ludek Blaha, Jana Klanova,Martin Bobak and Juan P. Gonzalez-Rivas. **Substances (PFAS) and Cardiometabolic Biomarkers in Adults of Czechia: The Kardiovize Study.** *Int. J. Environ. Res. Public Health* 2022, 19(21), 13898; <https://doi.org/10.3390/ijerph192113898>
22. *Geraldo A. Maranhao Neto ,Eduardo Lattari, Bruno Ribeiro Ramalho Oliveira, Anna Bartoskova Polcrova, Maria M. Infante-Garcia, Sarka Kunzova, Gorazd B. Stokin and Juan P. Gonzalez-Rivas*

23. Novotný, Jan S. Gonzalez-Rivas, Juan P.b; c | Vassilaki, Mariad | Krell-Roesch, Janinad; e | Geda, Yonas E.f | Stokin, Gorazd B. **‘Natural Pattern of Cognitive Aging’**. *J Alzheimers Dis* 2022;88(3):1147-1155. doi: 10.3233/JAD-220312, <https://pubmed.ncbi.nlm.nih.gov/35754277/>
24. Juan P. González-Rivas, María M. Infante-García, Ramfis Nieto-Martinez, Jeffrey I. Mechanick, Goodarz Danaei. Feasibility and Effectiveness of a Preventive Care Program during the Compound Humanitarian Crisis and COVID-19 Pandemic in Venezuela. *Nutrients* 2022, 14, 939. <https://doi.org/10.3390/nu14050939>
25. Geraldo A. Maranhao Neto, Iuliia Pavlovska, Anna Polcrova, Jeffrey I. Mechanick, Maria M. Infante-Garcia, Jose Medina-Inojosa, Ramfis Nieto-Martinez, Francisco Lopez-Jimenez and Juan P. Gonzalez-Rivas. **The Combined Effects of Television Viewing and Physical Activity on Cardiometabolic Risk Factors: The Kardiovize Study**. *Clin. Med.* 2022, 11, 545. <https://doi.org/10.3390/jcm11030545>
26. Jan S Novotný 1 , Juan P Gonzalez-Rivas 2 3 , Jose R Medina-Inojosa 4 , Francisco Lopez-Jimenez 4 , Yonas E Geda 5 , Gorazd B Stokin. **Investigating cognition in midlife**. *Alzheimers Dement.* 2021 Dec 31;7(1):e12234. doi: 10.1002/trc2.12234. eCollection 2021.
27. Irma Magaly Rivas Serna, Michal Sitina, Gorazd B. Stokin, Jose R. Medina-Inojosa, Francisco Lopez-Jimenez, Juan P. Gonzalez-Rivas, Manlio Vinciguerra. Lipidomic Profiling Identifies Signatures of Poor Cardiovascular Health. *Metabolites* 2021, 11, 747. <https://doi.org/10.3390/metabo11110747>
28. Geraldo A. Maranhao Neto, Iuliia Pavlovska, Anna Polcrova, Jeffrey I. Mechanick, Maria M. Infante-Garcia, Jose Pantaleón Hernandez, Miguel A. Araujo, Ramfis Nieto-Martinez, Juan P. Gonzalez-Rivas. **Prediction of Cardiorespiratory Fitness in Czech Adults: Normative Values and Association with Cardiometabolic Health**. *Int. J. Environ. Res. Public Health* 2021, 18, 10251. <https://doi.org/10.3390/ijerph181910251>
29. NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in hypertension prevalence and progress in treatment and control from 1990 to 2019: a pooled analysis of 1201 population-representative studies with 104 million participants. *Lancet.* 2021 Sep 11; 398 (10304): 957-980. [https://doi.org/10.1016/S0140-6736\(21\)01330-1](https://doi.org/10.1016/S0140-6736(21)01330-1)
30. Anna Polcrova, Iuliia Pavlovska, Geraldo A. Maranhao Neto, Sarka Kunzova, Maria M. Infante-Garcia, Jose R. Medina-Inojosa, Francisco Lopez-Jimenez, Jeffrey I. Mechanick, Ramfis Nieto-Martinez, Gorazd B. Stokin, Juan P. Gonzalez-Rivas. **Visceral Fat Area**

- and Cardiometabolic Risk: The Kardioviz Study.** Obesity Research & Clinical Practice. 18 March 2021. <https://doi.org/10.1016/j.orcp.2021.03.005>
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9. Invited Reviews, and Other Articles

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54. J. Lopez-Rivera, J. Gonzalez-Rivas, R.Garcia-Santiago. PP.16.08. Smokeless Tobacco Preparation In Venezuela (Chimó) Is Related With Hypertension. 25th *European Meeting on Hypertension and Cardiovascular Protection. MILAN, JUNE 12-15, 2015.*
55. Ramfis E. Nieto-Martínez, María I. Marulanda, Juan P. González-Rivas, Eunice Ugel, Maritza Durán, Mario Patiño, Luis López-Gómez, Pedro Monsalve, Hector Marcano, Noël Barengo, Pablo J. Aschner, Hermes Florez. 2015-A-2784-Diabetes. Cardio-metabolic Health Venezuelan Study (EVESCAM) National Survey: Design and implementation. 74th Scientific Sessions (2014) | American Diabetes Association. June 13 - 17, 2014, San Francisco, California, USA.
56. González-Rivas J, García Santiago R. Poster: High Frequency of Hypertension and Other Risk Factors in Adolescents in Miranda Municipality, Merida State, Venezuela. **XIX Venezuelan Congress of Internal Medicine**. Caracas, from 21 to 25 of May, 2013.
57. Juan P González-Rivas, Mariela Paoli, Raúl García Santiago, María Verónica Avendaño, Merlys Lobo Santiago, Andrea Avendaño. Psychological Insulin Resistance in Type 2 Diabetes in Venezuela. “**XIV Venezuelan Congress of Endocrinology and Metabolism**”, Caracas, Venezuela. 2013.
58. González-Rivas J, García R, Araujo L, Echenique Z. Prevalence of Smokeless Tobacco (Chimó) in Miranda Municipality, Merida State, Venezuela. Relation with Anxiety and Stress. “**XVI Venezuelan Congress of Internal Medicine**”, Maracaibo, Venezuela. 2011.
59. García R, González-Rivas J, Araujo L, Echenique Z. Prevalence of Psychological Risk Factors in Miranda Municipality, Merida State, Venezuela. “**XVI Venezuelan Congress of Internal Medicine**”, Maracaibo, Venezuela. 2011
60. Ramfis Nieto-Martinez, Gonzalez-Rivas Juan P, Garcia and Ugel, E. Prevalence of Hypertension and Dyslipidemia in Adults from Mountains of Mérida and its Relationship to Obesity. VEMSOLS Study. Presented at IV Western Conference **Venezuelan Society of Internal Medicine Congress**. Barquisimeto, Venezuela. October 28-30 2010.

10.COURSES AND OTHER TRAINING

2002 Workshop “**How to improve medical attention**”, University of the Andes, Merida, Venezuela.

2003 Course “First Multidisciplinary Meeting about Bioethics and Medical Right”, University of the Andes, Merida, Venezuela.

2004 Assistance and Approbation of the Course on **Civil Protection (Rescue)**, Merida, Venezuela.

2004 Course “Second Multidisciplinary Meeting about Bioethics and Medical Right”, University of the Andes, Merida, Venezuela.

2004 Congress “**XI Journeys in Internal Medicine**”, Venezuelan Society of Internal Medicine, Merida, Venezuela.

2004 Workshop “**Diagnosis by Laboratory**”, Venezuelan Society of Internal Medicine, Merida, Venezuela.

2005 Congress “VIII Course Updates in Endocrinology, and VI Journeys of Postgraduate from Endocrinology Postgraduate”, Venezuela Endocrine Society. Merida, Venezuela.

2005 Congress “VII Occidental Journeys of Cardiology, and XIII Journeys of ASCARDIO”. Barquisimeto, Venezuela.

2005 Workshop “Management of Intoxications by Pesticides for Agricultural use”. Merida, Venezuela.

2005 Congress “IX Journeys, Challenges in Psychiatry in the XXI Century”, Merida, Venezuela.

2005 Congress “**XII Journeys in Internal Medicine**”, Mérida, Venezuela.

2006 Workshop “**Prevention on Renal Disease**”, Merida, Venezuela.

2006 Course “**I Course of Clinic Electrocardiography**”, University of the Andes, Merida, Venezuela.

2006 Congress “**II Occidental Journeys of Internal Medicine**”, Venezuelan Society of Internal Medicine, Merida, Venezuela.

2006 “Course in Reanimation Cardiopulmonary. Basic, and Advanced”. ASCARDIO, Barquisimeto, Venezuela.

2007 Congress “VIII Occidental Journeys of Cardiology”, Maracaibo, Venezuela.

2007 Congress “XIV Venezuelan Congress of Internal Medicine, XIV Annual Meeting of the American College of Physicians” Maracaibo, Venezuela.

2008 Congress “XII National Journeys of Endocrinology and Metabolism, V Journeys of AVESO”, Caracas, Venezuela.

2008 Course “**Interdisciplinary Course of Obesity**”, AVESO Society, Merida, Venezuela.

2009 Congress “I Venezuelan Congress of Obesity, Metabolic Syndrome and Prediabetes”, Caracas, Venezuela.

2009 Congress “X Course Updates in Endocrinology, VII Journeys of Postgraduates from Endocrinology Postgraduates” Mérida, Venezuela.

2010 Congress “XVI Venezuelan Congress of Internal Medicine” Caracas, Venezuela.

- 2011 Congress “XVI Venezuelan Congress of Internal Medicine” Caracas, Venezuela.
- 2011 Congress “Venezuelan Congress of Endocrinology, Metabolism, Diabetes, and Obesity”, Maracaibo, Venezuela.
- 2011 Congress “IX Latin American Congress of Hypertension and X Venezuelan Congress of Hypertension”, Caracas, Venezuela.
- 2012 Congress “XVIII Congress of Internal Medicine” Valencia, Venezuela.
- 2012 Congress “Scientific Journey Eco’s from the ADA”, Caracas, Venezuela.
- 2013 Congress “XIV Venezuelan Congress of Endocrinology and Metabolism”, Caracas, Venezuela.
- 2016 Congress “XVI Venezuelan Congress of Endocrinology and Metabolism”. Caracas, Venezuela.
- 2017 Congress “XXIII Venezuelan Congress of Internal Medicine”, Caracas, Venezuela.
- 2018 Congress “XXIV Venezuelan Congress of Internal Medicine”, Caracas, Venezuela.

11. Teaching

- 2008 **Speaker in the Workshop of Medical Emergencies.** Hospital I, Santo Domingo, Merida, Venezuela.
- 2008 Speaker in the Journeys of Medical Attention Assistance in Internal Medicine. Hospital I Muchuchies, Merida, Venezuela.
- 2011 Speaker in the IV Postgraduate Journey “Dr. Eddie Kaswan”, in the XVII National Congress of Internal Medicine. Caracas, Venezuela.
- 2011 Speaker in the XIV Scientific Journeys, University of the Andes, Integral Center of Medical Attention (CAMIULA). Mérida, Venezuela.
- 2013 Speaker in the XIX National Congress of Internal Medicine, Caracas, Venezuela.
- 2013 Speaker in the Interdisciplinary Course of Obesity and Diabetes. Maracaibo, Venezuela.
- 2014 Facilitator in the IV Congress of Obesity, Prediabetes, and Metabolic Syndrome. Caracas, Venezuela.
- 2015 **Speaker in the Journeys of General Medicine.** Central Hospital of San Cristobal, Tachira, Venezuela.
- 2015 Speaker in the Medical Journeys Celebrating the 20 Anniversary of the General Hospital of Tariba. San Cristobal, Venezuela.
- 2016 Speaker in the XXII Venezuelan National Congress of Internal Medicine. Caracas, Venezuela.
- 2017 Speaker in the XXIII Venezuelan Congress of Internal Medicine, Caracas, Venezuela.
- 2018 Facilitator in the “**VIII Course, Tools for Tutors: Methodology in Scientific Investigation and Biostatistics**”. University of the Andes, Postgraduate Division. 2 months of duration. Venezuela.
- 2018 Speaker in the XXIV Venezuelan Congress of Internal Medicine, Caracas, Venezuela.

2018 Jury of the Scientific Conference "Eddie Kaswan" in the **XXIV Venezuelan Congress of Internal Medicine**, Caracas, Venezuela

12.THESES ADVISOR

<i>Year</i>	<i>Student</i>	<i>Theme</i>	<i>Institution</i>
2023	Monika Kunzova	Sugar Sweeteners Beverages and cardiometabolic risk factors	Masaryk University, Brno, Czechia
2021	Ana Polcrova	Social determinants and cardiometabolic risk factors	Masaryk University, Brno, Czechia
2021	Iuliia Pavlovska	Arterial Stiffness and Metabolic Syndrome	Masaryk University, Brno, Czechia
2019	Sheilly Piña	Prevalence of Cardiometabolic risk factors in a Native Community, Guayana, Venezuela	Universidad de Oriente, Núcleo Bolívar, Venezuela
2018	Simón Marcano	Prevalence of Metabolic Syndrome in Guayana Region	Universidad de Oriente, Venezuela
2016	Miguel Araujo Rivas	Correlation Between Anthropometric Variables and Muscular Strength in Athletes	Universidad de los Andes, Venezuela
2014	María Infante-García	Chronic exhaustion syndrome in workers of banking entities	Caribbean International University, Curacao
2012	María Verónica Avendaño	Resilience in Students of Postgrad in Medicine	Universidad de los Andes, Venezuela

13. RESEARCH TRAINING

2014 “VI Course, Tools for Tutors: Methodology in Scientific Investigation and Biostatistics”. University of the Andes, Postgraduate Division. 6 months of duration. Venezuela.

2018 “VIII Course, Tools for Tutors: Methodology in Scientific Investigation and Biostatistics”. University of the Andes, Postgraduate Division. 2 months of duration. Venezuela.

14.Academic and Staff Appointments:

2001-2003 **Academic Assistant. Department of Physiology.** School of Medicine, University of the Andes. Merida, Venezuela.

15.University and Hospital Appointments and Committees:

2014-2015 Secretary of the Board Merida Chapter of the Venezuelan Society of Internal Medicine.

2016- present Coordinator of the Publications Committee of the Venezuelan Study of Cardio-Metabolic Risk Factor (EVESCAM)

2017- present Assessor of the Scientific Committee of the National Board of the Venezuelan Society of Internal Medicine.

16.Editorial Responsibilities:

2013-present Guest Editor of the Venezuelan Society of Endocrinology and Metabolism
Journal

2017-2019 Editor of the Venezuelan Society of Internal Medicine Journal

2018-2020 Reviewer of the Avances en Biomedicina journal

17.Honors and Awards:

2007 Acknowledgment from the University of the Andes, Medicine School, Postgraduate Division, for making as a scholar the publication entitled “Update in Antihypertensive Therapy. Comparative Revision Between 7mo Committee and the European Guideline for Hypertension Management, 2007”. Merida, Venezuela.

2010 Acknowledgment from the University of the Andes, Medicine School, Postgraduate Division, for reach the Best Grade Point Average (18.5/20.0) between Scholars Promotion for Internist 2008-2010. Merida, Venezuela.

2010 **Acknowledgment from the University of the Andes, Medicine School, Postgraduate Division, Degree Work entitle “Prevalence of Metabolic Syndrome in Adults from Rangel Municipality, Merida State, Venezuela”.** Mérida, Venezuela.

2011 **Award “Honorific Mention” for the Best Research** presented at the XVI Venezuelan Congress of Internal Medicine, entitle “Prevalence of Smokeless Tobacco in Miranda Municipality, Merida State, Venezuela” Caracas, Venezuela

2016 National Award “Dr. Manuel Camejo”, Best Research in Diabetes, presented at the XVII Venezuelan Congress of Endocrinology and Metabolism. Entitle “LOM03.- Vitamin D Levels in Patients with Obesity and Its Relationship With Type 2 Diabetes Risk Determined By FIDNRISC Modified to Latin America”. Caracas, April 17 – 19, 2016.

2018 **Research Award of the Venezuelan Society of Internal Medicine.** Venezuelan Congress of Internal Medicine. Caracas, May 9, 2018.