

RAMFIS E. NIETO-MARTINEZ**CURRICULUM VITAE****Date:** November 11, 2020**PERSONAL INFORMATION**

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CURRENT POSITION

1. **Director.** Cardiometabolic Health and Lifestyle Unit. LifeDoc Health, Memphis, TN, US. <https://www.darsalud.us/> (since March 16, 2020).
2. **Lown Scholar.** Department of Global Health and Population. Harvard TH Chan School of Public Health. Harvard University, Boston, Massachusetts, USA (since July 5, 2017). <https://connects.catalyst.harvard.edu/Profiles/display/Person/158181>
3. **Founder and Co-Director** Venezuelan Foundation for Clinical, Epidemiological and Public Health Research, FISPEVEN INC (2013-present)

OTHER PREVIOUS OR CURRENT POSITIONS

1. **Health Science Specialist.** Clinical Coordinator of the Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (**GRADE**). South Florida Veterans Affairs Foundation for Research and Education (SFVAFRE). Geriatric Research Education and Clinical Center (GRECC) at the Miami Veterans Affairs Medical Center. (April 2017 - February 7, 2020). <http://sfvafre.org/>
2. **Visiting Professor.** Physiology Department. Faculty of Medicine. University of Panamá (February 2015- February 2017)
3. **Director.** Cardiometabolic Unit 7, CA (UCM 7 CA). Barquisimeto, Venezuela (2004 - present). Last 3 years, UCM 7 is the coordinating research center of FISPEVEN
4. **Tenured Professor (Retired).** Section of Physiology. Department of Functional Sciences. Universidad Centro-Occidental "Lisandro Alvarado" Medical School. Barquisimeto, Venezuela. (1991 - 2016)
5. **Director.** Institutional Review Board (Bioethic Research Committee) at Universidad Centroccidental Lisandro Alvarado (UCLA) Medical School in Barquisimeto, Venezuela. (2002 - 2007).

PERSONAL STATEMENT

I am a physician-scientist and professor whose research interest has focused on transcultural endocrinology, specifically diabetes prevention, cardiovascular risk factors, nutrition, and lifestyle medicine. I am Lown Scholar in the Cardiovascular Global Health Program of the TH Chan School of Public Health; Harvard University since July 2017 and I was hired in the Miami VA Medical Center as a clinical coordinator of the Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE) since April 2017 to February 2020. I also have collaborated as an invited facilitator at the Division of Geriatrics and Palliative Medicine, University of Miami Miller School of Medicine. Since March 16, 2020, I am the **Director of the Cardiometabolic Health and Lifestyle Unit at LifeDoc Health, Memphis, TN, US**

My training and main academic appointments. I graduated from medical school (1982-1990) at 24 years (Cum Laude distinction) and, in 1991, I obtained a position at the School of Medicine at Universidad Centroccidental Lisandro Alvarado (UCLA) where I worked as *Tenured Professor of Human Physiology* for 25 years (1991-2016). At the UCLA, my teaching responsibilities was focused on physiology of thermoregulation, nutrition, and metabolism, as well as digestive and endocrine physiology. I also taught nutrition and nutritional support, endocrinology, obesity, diabetes in both undergraduate and postgraduate (Internal Medicine, Surgery, Anesthesiology, Gastroenterology) programs of Medicine and Nursing. During this period, after a two-year internal medicine internship (1991-1992), I completed a ***Master's degree in nutrition*** (Graduated with honors, GPA 5/5, 1994-1997) learning nutrition skills both clinic and research laboratory. At the nutritional biochemistry laboratory, I used animal models investigating the effect of diarrhea induced by lactose on vitamins bioavailability in rats using techniques such as atomic absorption spectrophotometry to measure minerals and high-performance liquid chromatography (HPLC) to measure vitamin A, E, beta-carotene. When I came back to teach at the UCLA (1998), along with other colleagues, I organized and founded and then directed the "Multidisciplinary Nutrition Laboratory" within the Physiology Research Unit with funds from a Kellogg's grant. In this Lab we started research protocols evaluating nutritional status of micronutrients by HPLC in vulnerable populations (children from poor populations) and implementing nutritional supplementation intervention at schools in the poorest sectors. Also, I standardized and applied indirect calorimetry and exercise cardiopulmonary tests with a CPX Med Graphics Corporation ® metabolic chart.

Between 1999 and 2002, I did postgraduate training at the UCLA Medical School and General Hospital for the degree of ***Specialist in Internal Medicine*** evaluating in my thesis the effect of hospitalization on nutritional status in patients with diabetes. During this period, I filled the gap of lacking nutrition specialists in the hospital and I directed, along with colleagues of Surgery and intensive care, the initiative to start the "metabolic and nutritional support unit" in the main university hospital of the city when I was doing my internal medicine training. This support unit let me the opportunity to develop protocols for nutritional screening, diagnosis and nutritional support including disease-specific formulations and preparation of enteral and parenteral nutrition.

My clinical profile includes the building and foundation of a private practice model, named Cardiometabolic Unit 7 (CMU 7), based on the chronic diseases care model mainly cardiometabolic risk factors, endocrinology, diabetes, nutrition, and obesity where I was **CEO** for 14 years. The CMU 7 was a reference center for diagnosis and treatment of cardiometabolic risk conditions applying a standardized protocol (clinical, nutritional and laboratory evaluation) in all subjects evaluated. In 2015, CMU was in 3rd place in Venezuela among more than 40 diabetes care units and 1st place when the number of patients was divided between the years of operation. During this period, I attended approximately 12,500 patients and more than 35,000 visits or follow-up services in this high-volume clinical/research practice. I defined and adapted with my team all the protocols of intervention in nutrition and other lifestyle components. In the Cardiometabolic Unit, I organized a multidisciplinary team (physicians of different specialties, exercise physiologist, psychologist, nutritionist, nurses, and a statistician) with pertinent facilities including gym, clinical laboratory, body composition (bioimpedance), sleep apnea laboratory, and indirect calorimetry using a Cardiocoach (Korr ®). The assessment included: clinical, physical activity, coronary heart disease (Globorisk) and diabetes

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(FINDRISC) risk predictors, anthropometry (weight, height, waist circumference, and skinfolds), body composition (bioimpedance), dietary habits (24 h recall), abdominal ultrasound and biochemical data (fasting glycemia, 75 g oral glucose tolerance test, fasting insulin, total cholesterol, HDL cholesterol, LDL cholesterol, triglycerides, uric acid, SGPT, SGOT, TSH, FT4, hsCRP and hematologic indices). The standard intervention included: nutritional counseling, exercise supervised by a physical trainer and pharmacotherapy guided by current Clinical Practice Guidelines. Recently, I was invited to write two chapters for a lifestyle medicine book on transcultural lifestyle medicine that will provide the basis to include the transcultural elements in the model of chronic diseases for the evaluation and treatment of patients with chronic conditions.

Other of my academic appointments has been **Visiting professor** at the Physiology and Biochemistry Departments of the University of Panamá Faculty of Medicine (2015-2017) (Dr. Enrique Mendoza, Dean of Medicine, supervisor). Here, I contribute with the organization and foundation of the Exercise Physiology laboratory using a Quark RMR, Cosmed®; **Fellow** of the Postgraduate Diabetes Course at the University of St Andrews School of Medicine, United Kingdom (2013) (Dr. Hugh Mac Dougall and Dr. Ian W. Campbell, supervisors); **Visiting Researcher** at the Division of Endocrinology of the University of Tennessee Health Science Center and Life DOC, Memphis USA (2006) (Dr. Pedro Velasquez, supervisor) producing 3 high quality publications; and Visiting Physician at the Department of Medicine and Pharmacology of Mayo Clinic, Rochester, USA (1998) (Dr. Andre Terzic, supervisor).

My productive research has spanned more than 25 years with a wide scope that covers mainly endocrinology disciplines: diabetes, obesity, nutrition, cardiovascular risk factors, lifestyle medicine, with high emphasis in transcultural components. This has produced **119 publications** including 63 original articles and reviews by invitation in peer review journals (17 as first author, 12 as last author and **33 indexed in PubMed**); 56 refereed abstracts, posters, and oral communications; and 1 book chapter (3 new book chapters are in press). **My H index is 17 (i10-index 21) by 2020 and my publications have received 8530 citations** with the highest productivity since 2014. I am also **guest editor** of the Venezuelan Society of Endocrinology and Metabolism Journal and reviewer for more than 10 scientific peer-reviewed journals, including Welcome open access, Public Health Nutrition, British Journal of Nutrition, Therapeutic Advances in Endocrinology and Metabolism, PlosOne, Primary Care Diabetes, International Journal of Clinical Practice, Journal of Immigrant and Minority Health, Journal of Diabetes Research, and Investigacion Clinica (reviewer activity registered in Publons). I have co-authored at least 10 articles as network **member of the Non-Communicable Diseases-RisC (NCD) Risk factors collaboration group** and I belong to the **America Working Group**. I have **mentored** at least 10 graduate students of Internal Medicine, Surgery, Pediatrics, MS in education at the UCLA, 1 MPH candidate and 1 PhD candidate at Harvard School of Public Health, 1 medical student (Columbia University), 1 student of Information Sciences (Dartmouth College), and several students and young professionals in co-authored publications.

It is known of all the devastating consequences of diabetes and obesity in Latin America and the world, largely driven by the increased risk of cardiovascular disease. ***The major focus of my research*** has been: 1.- defining risk factors for diabetes and cardiovascular risk factors and its relationship with social determinants of health, 2.- identifying anthropometric and risk scores cut-offs and individual metabolic phenotypes, and 3.- transculturalizing and implementing diabetes and cardiovascular prevention and lifestyle medicine strategies, including healthy eating patterns.

Venezuela had no data on cardiovascular risk factors and the official statistics came from the morbidity obtained in the health centers. Therefore, to fill this gap and to reach the first research objective, I designed as Principal Investigator and, along with my research team, developed the first sub-national (Venezuelan Metabolic Syndrome, Obesity and Lifestyle Study VEMSOLS, 2011-2015) and **the first national study** (Venezuelan Cardiometabolic Health Study **EVESCAM**, 2014-2017) evaluating cardiometabolic risk factors in Venezuela (funded by **Novartis grant**). Currently, in the next step, we are doing the follow-up of the EVESCAM cohort to characterize the impact of the worldwide-known current humanitarian crisis on the cardiometabolic health in Venezuela for which **I obtained a grant from Harvard University**. I presented the preliminary results of the study in

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Harvard TH Chan School of Public Health (July 2019) and in the First Lown Scholar Colloquium Tanzania (October 2019). Also, we submitted in Harvard Lown Program a proposal of implementation of a community-based culturally adapted diabetes prevention program in Venezuela. After lectures that I gave in Chile and Colombia, I am setting up a team of leaders in Latin America to expand cultural adaptations of this intervention in Argentina, Chile, Colombia, and Ecuador. Also, we are planning to study the nutritional consequences of the current Venezuelan crisis with a joint Grant with Nutrition Department in Harvard.

Our second and third research goals are included in the ***transcultural endocrinology*** field that I am developing. Transculturalization is a relatively new term and transcultural medicine is today one of the most relevant elements for the improvement of all health care levels, since it is focused on the optimization of therapeutic management and decision making according to each culture based on the evidence obtained by regional and global studies to increase the adherence and effectiveness of interventions.

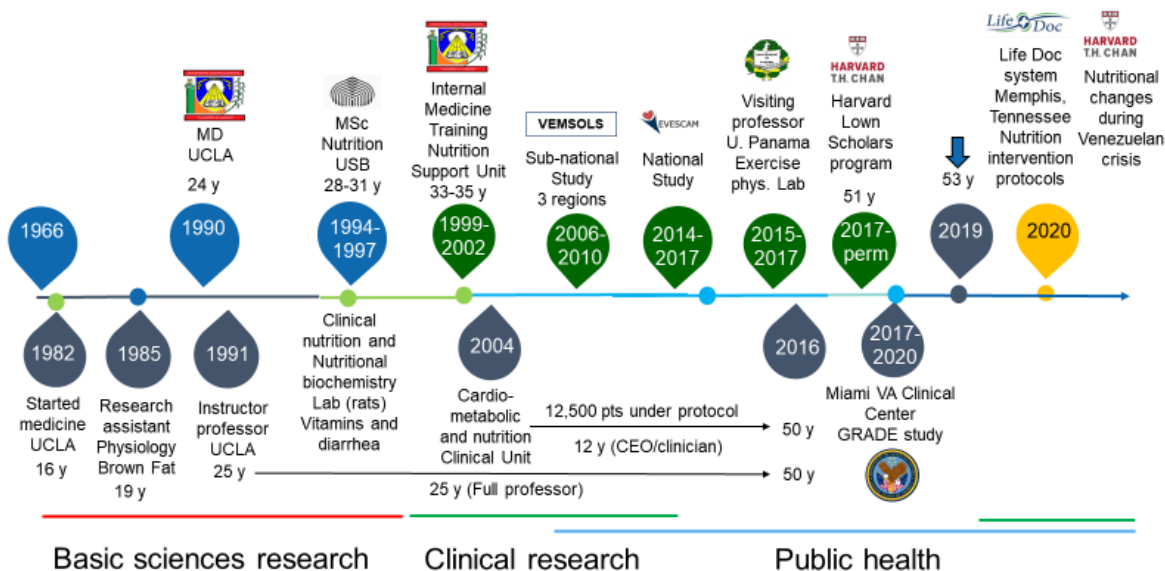
Along with my team, I have emphasized the need to transculturize and adapt interventions to the context in which they will be implemented contributing in the development of a transcultural endocrinology platform for implementation on domestic and global scales. My contributions include diabetes risk detection strategies (Finnish Diabetes Risk Score, FINDRISC in Latin America), diabetes prevention interventions (Diabetes Prevention Program in Venezuela), new paradigms on obesity and diabetes diagnosis and management (American Association of Clinical Endocrinologist, ACE/ACE Framework), obesity anthropometric cutoffs medical nutritional therapy interventions for diabetes (Transcultural Diabetes nutrition algorithm, tDNA), healthy eating patterns (Mediterranean diet adaptation to Venezuelan population), and the development of guidelines, recommendations, algorithms along with colleagues from national and international scientific societies.

Through my career I have been driven by the desire to provide solutions to our population and patients to decrease the prevalence and consequences of these devastating cardiometabolic conditions. Recently in October 2019, in Tanzania, **Harvard University awarded me the John C. Bogle Award** that recognize scientists who propose “A simple solution to a Complex problem” by the proposal of connecting Venezuelan Migrants in need of Medical Care with Providers via telehealth. I have received a total of 23 awards and recognitions.

I have been fortunate to work and built a **research network** with eminent colleagues in the field who have coauthored publications or projects. This network include scientist from in USA (Harvard University, Boston; University of Miami, Miami; VA Medical Center, Miami; Mount Sinai, New York; Mayo Clinic, Rochester; Czech Republic (International Clinical Research Center, St Anne’s University Hospital), GREEC, Birmingham; University of Tennessee, Memphis; University of California, San Diego), Europe (Spain), Asia (Lebanon, Iran), Latin America (Venezuela, Brazil, Ecuador, Peru, Argentina, Colombia), and also medical students and young doctors whose framework we have characterized and named ***Pyramid of Researchers***. We have characterized this framework as a stepwise approach to improve scientific productivity. I am planning to continue my research working with these superb group of scientists to decrease the burden of these common diseases and risk factors. I also have contributed in several scientific organizations to which I have belonged: Latin America Diabetes Association, Venezuelan Society of Endocrinology and Metabolism, Venezuelan Society of Internal Medicine, and Venezuelan Association for the Study of Obesity (Past-President 2012-2014)

In conclusion, the impact of the above research and clinical activities, my academic teaching activity in several universities, my experience in basic sciences, clinic and public health, coupled with my leadership roles has strong local, national, and international impact in the fields of transcultural endocrinology, nutrition, and public health.

Biographic timeline



EDUCATION

Institution and Location	Dates Attended	Degree	Conferred (mo/yr)	Field of Study	GPA	Place
Undergraduate						
"San Vicente de Paul" High School	07/77-07/82	B.S.	07/82	Sciences	18.1/20	1st
Graduate						
UCLA Medical School	09/82-11/90	M.D.	11/90	Medicine	16.4/20	1st
Postgraduate training						
IVSS Hospital	11/90-11/92			Medical Internship		
USB	09/94-03/97	M.Sc.	05/97	Nutrition	5.0/5.0	1st
UCLA Medical School General Hospital	03/99-03/02	Internal Medicine Specialty	03/02	Internal Medicine Residency	18.8/20	2nd
Lown Scholars program						
Harvard TH Chan School of Public Health. Harvard University.	07/04/17	Lown Scholar	Permanent	Cardiovascular Health Program	3.7/4	

UCLA = Universidad Centroccidental "Lisandro Alvarado". Barquisimeto, Venezuela
 IVSS = Social Security Venezuelan Institute. Barquisimeto, Venezuela
 USB = Universidad "Simón Bolívar". Caracas, Venezuela.

OTHER RELEVANT TRAININGS

Institution	Dates Attended	Field of Study	Supervisor	Location
Harvard TH Chan School of Public Health. Harvard University.	07/01/17 to 08/06/17	Bernard Lown Scholar Program in Cardiovascular Health	Dr. Goodarz Danaei	Building 1, 11th Floor, room 1107 677 Huntington Avenue Boston, Massachusetts 02115
University of St Andrews. School of Medicine.	05/13	Postgraduate Diabetes Course	Dr. Hugh Mac Dougall and Dr. Ian W. Campbell	St Andrews, FIFE, United Kingdom.

PUBLICATIONS (Total 127)

127 publications including 67 original articles and reviews by invitation in peer review journals (18 as first author, 14 as last author and 35 indexed in PubMed); 56 refereed abstracts, posters and oral communications; and 4 book chapters.

The full list of peer-reviewed publications in PubMed (total 36):

<https://pubmed.ncbi.nlm.nih.gov/?term=%22nieto-martinez%20r%22&sort=date>

Publications that are not indexed in PubMed are available in google scholar:

<https://scholar.google.com/citations?user=6hMF04AAAAJ&hl=es>

Original Articles and Invited Reviews in Peer Review Journals (67 total, 36 PubMed)

1. NCD Risk Factor Collaboration (NCD-RisC). (Nieto-Martínez, R.; study group member). Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries and territories: a pooled analysis of 2181 population-based studies with 65 million participants. **Lancet** 2020 396; 1511-24. <https://imperialcollegelondon.box.com/s/abcq9j9kizbsu815k6qx0220p2vs5fhh>
2. Goodman D, González-Rivas JP, Jaacks LM, Duran M, Marulanda MI, Ugel E, Mattei J, Chavarro JE, Nieto-Martínez R. Dietary intake and cardiometabolic risk factors among Venezuelan adults: a nationally representative analysis. **BMC Nutr.** 2020 Oct 16;6:61. doi: 10.1186/s40795-020-00362-7. PMID: 33088579; PMCID: PMC7566137. <https://pubmed.ncbi.nlm.nih.gov/33088579/>
3. Ramfis Nieto-Martínez, Juan P. González-Rivas, Eunice Ugel, Maritza Durand, Eric Dávila, Ramez Constantino, Alberto García, Jeffrey I. Mechanick, María Inés Marulanda. Cardiometabolic risk factors in Venezuela. The EVESCAM study: a national cross-sectional survey in adults. **Prim. Care Diab.** (2020), <https://doi.org/10.1016/j.pcd.2020.07.006>
4. Diana De Oliveira-Gomes, Juan P. González-Rivas, Katherine A. Rosales-Pereira, Leidy De Jesus-Henriques, Rocío Iglesias-Fortes, Eunice Ugel, Maritza Duran, Erik L Dávila Alcalá, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of Obesity in the Capital Region ff Venezuela. Results of the EVESCAM. **Rev Venez Endocrinol Metab** 2020;18(2): 57-63. <https://www.svemonline.org/revista-venezolana-de-endocrinologia-y-metabolismo-volumen-18-numero-1-ano-2020-2/>

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5. NCD Risk Factor Collaboration (NCD-RisC). (Nieto-Martínez, R.; study group member). Repositioning of the global epicentre of non-optimal cholesterol. **Nature**. 2020. 020;582(7810):73-77. doi:10.1038/s41586-020-2338-1
6. Sivitz WI, Phillips LS, Wexler DJ, et al. GRADE Research Group (Nieto-Martínez, R.; study group member). Optimization of Metformin in the GRADE Cohort: Effect on Glycemia and Body Weight [published online ahead of print, 2020 Mar 5]. **Diabetes Care**. 2020; dc191769. doi:10.2337/dc19-1769.
https://pubmed.ncbi.nlm.nih.gov/32139384/?from_term=nieto-martinez+r&from_sort=date&from_pos=1
7. NCD Risk Factor Collaboration (NCD-RisC) - Americas Working Group. (Nieto-Martínez, R.; working group collaborator). Trends in Cardiometabolic Risk Factors in the Americas Between 1980 and 2014: A Pooled Analysis of Population-Based Surveys. **The Lancet Global Health**, 8(1), e123-e133, January 1, 2020.
[https://www.thelancet.com/journals/langlo/article/PIIS2214-109X\(19\)30484-X/fulltext](https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(19)30484-X/fulltext)
8. Jiwani S, Carrillo-Larco R, Hernández-Vásquez A, Barrientos-Gutiérrez T, Basto-Abreu A, Gutierrez A, Irazola V, Nieto-Martínez R, Nunes B, Parra D, and Miranda, J. The shift of obesity burden by socioeconomic status between 1998 and 2017 in Latin America and the Caribbean: a cross-sectional series study. **The Lancet Global Health**, 7(12): PE1644-E1654, December 2019. [https://www.thelancet.com/journals/langlo/article/PIIS2214-109X\(19\)30421-8/fulltext](https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(19)30421-8/fulltext)
9. Ramfis Nieto-Martínez, Juan P. González-Rivas, Eunice Ugel, María Inés Marulanda, Maritza Durán, Jeffrey I. Mechanick, Pablo Aschner. External Validation of the Finnish Diabetes Risk Score in Venezuela Using a National Sample. **The EVESCAM. Primary Care Diabetes**. 2019;13(6):574–582. DOI: <https://doi.org/10.1016/j.pcd.2019.04.006>
[https://www.primary-care-diabetes.com/article/S1751-9918\(18\)30334-6/fulltext](https://www.primary-care-diabetes.com/article/S1751-9918(18)30334-6/fulltext)
10. González-Rivas JP, Mechanick JI, Ugel E, Marulanda MI, Duran M, Nieto-Martínez R. Cardiovascular Health in a National Sample of Venezuelan Subjects Assessed According to the AHA Score: The EVESCAM. **Glob Heart**. 2019 Sep;14(3):285-293. doi: 10.1016/j.gheart.2019.06.006. Epub 2019 Jul 18.
<https://www.ncbi.nlm.nih.gov/pubmed/31327753>
11. Behringer-Massera S, Browne T, George G, et al; GRADE Research Group (Nieto-Martínez, R.; study group member). Facilitators and barriers to successful recruitment into a large comparative effectiveness trial: a qualitative study. **J Comp Eff Res**. 2019;8(10):815-826. doi:10.2217/ce-2019-0010.
https://pubmed.ncbi.nlm.nih.gov/31368793/?from_term=Nieto-Martinez+R&from_sort=date&from_pos=6
12. Larkin ME, Nathan DM, Bebu, Krause-Steinrauf H, Herman WH, Higgins JM, Tiktin M, Cohen RM, Lund C, Bergenstal RM, Johnson ML, Arends V; GRADE Research Group (Nieto-Martínez, R.; study group member). Rationale and Design for a GRADE Substudy of Continuous Glucose Monitoring. **Diabetes Technol Ther** 2019 Sep 4. doi:10.1089/dia.2019.0202 [Epub ahead of print]
<https://www.ncbi.nlm.nih.gov/pubmed/31393176>
13. Wexler DJ, Krause-Steinrauf H, Crandall JP, Florez HJ, Hox SH, Kuhn A, Sood A, Underkofler C, Aroda VR; GRADE Research Group (Nieto-Martínez, R.; study group

- member). Baseline Characteristics of Randomized Participants in the Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE). **Diabetes Care**. 2019 Aug 7. pii: dc190901. doi: 10.2337/dc19-0901. <https://www.ncbi.nlm.nih.gov/pubmed/31391203>
14. Juan P. González-Rivas; Jeffrey I. Mechanick, Maritza Duran, María Inés Marulanda, Eunice Ugel, Ramfis Nieto-Martínez. Re-Classifying Hypertension in the Venezuelan EVESCAM Database using 2017 AHA/ACC Criteria: High Prevalence, Poor Control, and Urgent Call for Action. **Annals of Global Health** (2019) May 28;85(1). Doii: 10.5334/aogh.2346. <https://www.ncbi.nlm.nih.gov/pubmed/31148436>
 15. NCD Risk Factor Collaboration (NCD-RisC). (Nieto-Martínez, R.; study group member). Rising rural body-mass index is the main driver of the global obesity epidemic in adults. **Nature** (2019) 569; 7755:260-64. <https://www.nature.com/articles/s41586-019-1171-x>
 16. Juan P. González-Rivas, William Polonsky, María M. Infante-García, Maritza Duran, Eunice Ugel, María I Marulanda, Jeffrey I. Mechanick, Ramfis Nieto-Martínez. Diabetes and Depression Were Not Associated In Venezuelan Adults: The EVESCAM Study, a National Cross-Sectional Sample. **Primary Care Diabetes** (2019). epub ahead of print. [https://www.primary-care-diabetes.com/article/S1751-9918\(18\)30327-9/fulltext](https://www.primary-care-diabetes.com/article/S1751-9918(18)30327-9/fulltext)
 17. Gilberto Figarella, Sheilly Pina, Luis Torres, Juan P. Gonzalez-Rivas, Eunice Ugel, Maritza Duran, Maria Ines Marulanda, Ramfis Nieto-Martinez. Low prevalence of obesity and high prevalence of low weight in adults of the Guayana Region of Venezuela; Preliminary results of the EVESCAM study. **Rev Venez Endocrinol Metab** 2019; 17 (1):85-93. <https://www.svemonline.org/wp-content/uploads/2019/06/RVEM-Vol-17-No-1-A%C3%B1o-2019.pdf>
 18. Rocio Iglesias-Fortes, Leidy de Jesus Enriquez, Diana de Oliveira-Gomez, Katherine A. Rosales-Pereira, Erick L. Davila, Eunice Ugel, Maritza Duran, Juan P. Gonzalez-Rivas, Maria Ines Marulanda, Ramfis Nieto-Martinez. Prevalence of alcohol consumption in adults of the Capital region, Venezuela: Preliminary results of the EVESCAM study. **Rev Venez Endocrinol Metab** 2019; 17 (3): 102-110. <https://www.svemonline.org/wp-content/uploads/2020/01/revista2020.pdf>
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 20. María M. Infante-García, Juan P. González-Rivas, José Valencia Portillo, Mariflor Vera, Eunice Ugel, Maritza Durán, María Inés Marulanda, Ramfis Nieto-Martínez. Low prevalence of obesity and high prevalence of underweight in the population of the Andes Region of Venezuela. Preliminary results of the EVESCAM Study **Invest Clin** 2018; 59 (3): 242 – 249 <http://producCIONcientificaluz.org/index.php/investigaCION/article/download/24013/24482>
 21. Imperia Brajkovich, Juan P. González-Rivas, Eunice Ugel, Alejandro Riskey, Ramfis Nieto-Martínez. Prevalence of Metabolic Syndrome and in Three Regions from Venezuela: The VEMSOLS Study Results. **International Journal of Cardiovascular Sciences**. 2018; 31 (6):603-609. Epub Aug 27, 2018. http://www.scielo.br/scielo.php?pid=S2359-56472018005009104&script=sci_arttext
 22. Ramfis Nieto-Martínez. Past, present and future EVESCAM study group. **Med Interna** (Caracas) 2018; 34 (1): 32 – 35 http://svmi.web.ve/wh/revista/V34_N1.pdf

23. Victoria Stepenka, Yoleida Rivas, Yolanda Zapata, Luis Añez, Juan Casal, Maribel Sindas, Eunice Ugel, Maritza Durán Castillo, Juan Pablo González Rivas, Ramfis Nieto-Martínez, María Inés Marulanda. Prevalence of Prediabetes and Diabetes Mellitus in the Zulia region, Venezuela: Preliminary Results of the EVESCAM Study. **Med Interna (Caracas) 2018**; 34 (3): 179-183 <http://www.svmi.web.ve/ojs/index.php/medint/article/view/483/473>
24. NCD Risk Factor Collaboration (NCD-RisC). (Nieto-Martínez, R.; study group member). Contributions of mean and shape of blood pressure distribution to worldwide trends and variations in raised blood pressure: a pooled analysis of 1018 population-based measurement studies with 88.6 million participants. **International Journal of Epidemiology, 2018**, 1–21. <http://academic.oup.com/ije/advance-article/doi/10.1093/ije/dyy016/4944405>
25. Juan P. González-Rivas, María M. Infante-García, Arantza C. Ustáriz De Laurentiis, Mariflor Vera, Eunice Ugel, Maritza Duran, María Inés Marulanda, Ramfis Nieto-Martínez. Diabetes in the Andes of Venezuela Is there greater or lesser prevalence in the region? Preliminary results of the EVESCAM Study. **Rev Venez Endocrinol Metab 2018**;16(1):12-20
<http://www.saber.ula.ve/bitstream/handle/123456789/44597/original1.pdf?sequence=1&isAllowed=y>
26. Erik L. Dávila Alcalá, Rocío Iglesias Fortes, Fátima K. Piñero Gutiérrez, Katherine A. Rosales Pereira, Leidy C. de Jesús Henriques, Diana C. De Oliveira Gomes, Eunice Ugel, Maritza Duran, Juan P. González-Rivas, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of dyslipidemias in the Capital Region. Preliminary Results of the EVESCAM Study. **Med Interna (Caracas) 2018**; 34 (2): 123 - 127.
http://www.svmi.web.ve/wh/revista/V34_N2.pdf
27. Ramfis Nieto-Martínez, Juan P. González-Rivas, Hermes Florez, Eunice Ugel, Imperia Brajkovich, Alejandro Riskey, W. Timothy Garvey, Jeffrey I. Mechanick, Application of the AACE/ACE Advanced Framework for the Diagnosis of Obesity and Cardiometabolic Disease Staging in a General Population from Three Regions of Venezuela: The VEMSOLS Study Results. **Endocrine Practice 2018**;24(1):1-8.
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28. Nieto-Martínez R, González-Rivas JP., Ugel E. Prevalence of cardiometabolic risk factors in three populations from Venezuela: the VEMSOLS Study 2006-2010. **MÉD.UIS. 2018**;31(1):15-22
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 21. Ramfis Nieto-Martínez, Carla Soteldo-Gómez, Eunice Ugel-Garrido, Angela Vilanova-Sánchez, María Inés Marulanda, Maritza Durán, Juan P. González-Rivas. Prevalence of dyslipidemias in the Western Region of Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 22. Elisanny A. Sánchez, Susmary Caraballo, Juan P. González-Rivas, Eunice Ugel, Maritza Durán, María Inés Marulanda, Ramfis Nieto-Martínez. Glycemic alterations in adults in eastern Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 23. Juan P. González-Rivas, Franmar Castellanos Barrios, Mariflor Vera, Eunice Ugel, Paola Calles Rubio, Carmen Y. Cecilio-Rivero, Maritza Durán, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of High Blood Pressure in Adults of the Region of the Andes of Venezuela. Results EVESCAM Study **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 24. Luisa Martínez, Carla Hernández, Rodolfo García, Aracelys Seijas, Robert García, Eunice Ugel, María Inés Marulanda, Juan P. González-Rivas, Maritza Durán, Ramfis Nieto-Martínez. Prevalence of Diabetes and Prediabetes in the Region of Los Llanos. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 25. Erik L. Dávila Alcalá, Rocío Iglesias Fortes, Fátima K. Piñero Gutierrez, Katherine A. Rosales Pereira, Leidy C. de Jesús Henriques, Diana C. De Oliveira Gomes, Eunice Ugel, Maritza Durán, Juan P. González-Rivas, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of dyslipidemias in adults of the capital region of Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 26. Erik L Dávila Alcalá, De Oliveira G. Diana C., Iglesias F. Rocío, Piñero G. Fátima K., Rosales P. Katherine A., De Jesús H. Leidy C., Tarazona Carlos, Eunice Ugel, Maritza

- Durán, Juan P. González-Rivas, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of smoking in people over 20 years of age in the Capital Region of Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
27. Eunice Ugel, Ángela Vilanova, Carla Soteldo, Juan P. González-Rivas, Maritza Durán, María Inés Marulanda, Ramfis Nieto-Martínez. Physical inactivity in Western Region of Venezuela. Preliminary Results EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 28. Erik L. Dávila A., Leidy C. De Jesús H., Diana C. De Oliveira G., Rocío Iglesias F., Fátima K. Piñero G., Katherine A. Rosales P., Eunice Ugel, Maritza Durán, Juan P. González-Rivas, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of alcohol consumption in the Capital Region of Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 29. María M. Infante-García, José Valencia Portillo, Juan P. González-Rivas, Mariflor Vera, Eunice Ugel, Maritza Durán, María Inés Marulanda, Ramfis Nieto-Martínez. Nutritional Status in the Population of the Region of the Andes of Venezuela. EVESCAM Study Preliminary Results. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 30. Erik L. Dávila A., Katherine A. Rosales P., Leidy C. De Jesús H., Diana C. De Oliveira G., Rocío Fortes I., Fátima K. Piñero G., Eunice Ugel, Maritza Durán, Juan P. González-Rivas, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of anxiety and depression symptoms in adults older than 20 years in the Capital Region of Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 31. José Hernández, Daniel García, Guillermo Salas, Sandra Ramírez, Ricardo Gómez, Leontina Di Pietro, Eunice Ugel, Maritza Durán, Juan P. González-Rivas, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of high blood pressure in the Llanos region. EVESCAM Study. **Med Interna (Caracas) 2017;33(3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 32. Juan P. González-Rivas, Carmen Cecilio Rivero, Mariflor Vera, Eunice Ugel, Paola Calles Rubio, Franmar Castellanos Barrios, Maritza Durán, María Inés Marulanda, Ramfis Nieto-Martínez. Prevalence of alcohol consumption in adults in the Andes Region of Venezuela. EVESCAM Study. **Med Interna (Caracas) 2017;33 (3):162-179**. Presented in the **XXIII Venezuelan Society of Internal Medicine National Congress. Caracas, Venezuela. Oral Communication**. 28 de septiembre de 2017
 33. Marcos Lima-Martínez, Carlos Arrau, Saimar Jerez, Mariela Paoli, Juan Pablo González-Rivas, Ramfis Nieto-Martínez. Vitamin D levels in obese patients and their relationship with the risk of type 2 diabetes determined by Latin America modified FINDRISC. **Rev Ven End Met 2016;14(2):156**. Presented at **XVII Venezuelan Society of Endocrinology and Metabolism Congress. Poster presentation. Caracas, Venezuela. April 17-19, 2016**.

34. Ramfis Nieto, Juan Pablo González, María Inés Marulanda, Eunice Ugel, Pablo Aschner, Venezuela. Evaluation of the FINDRISC as a screening tool for people with impaired glucose regulation in Venezuela using a modified score with validated regional cutoff values for abdominal obesity. **8th World Congress on Prevention of Diabetes and its Complications. Cartagena, Colombia. Poster presentation.** Oct. 15, 2015 - oct. 17, 2015
35. Ramfis E. Nieto- Martínez, Patricia Cowan, Mario Briceño, Mariana Rivas, Carolina Carrera, Eunice Ugel, Pedro A. Velásquez-Mieyer. Predictors of Weight Loss in Adolescents with Severe Obesity and Cardio Metabolic Risk Factors: Metformin Vs. Lifestyle Changes. Poster Number: 66. Presented at **3rd Latin America Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy). Panama City, Panama, From March 16th, 2014**
36. Ramfis E. Nieto, Yendri Pérez, María de los Angeles Suarez, Eunice Ugel "A BMI of 27.5 Can Improve the Detection of Obesity in a Venezuelan Population". **Diabetes 2013**,62 (Suppl. 1): A750. Abstract. Presented at **American Diabetes Association 73rd Scientific Sessions.** June 21-25, 2013. **Chicago, IL. Poster presentation.** Number 2964-PO
37. Aschner, P., R. Nieto- Martinez, Marin, A., Rios, M. Evaluation of the FINDRISC score as a screening tool for people with impaired glucose regulation in Latin America using modified score points for waist circumference according to the validated regional cutoff values for abdominal obesity. **Minerva Endocrinologica 2012**, 37 (4): 114. Abstract. **Oral Communication.** Presented at **7th World Congress on Prevention of Diabetes and its Complications. Madrid** November 11-14, 2012
38. Ramfis Nieto- Martínez, Eunice Ugel, Omar Flores, David Rico, Naylimar Torres, Alejandra Terán and Gienny Infante. Attributable Risk to Cardiometabolic Risk Factors for the Development of Non-Alcoholic Fatty Liver Disease in a Population of Barquisimeto. Presented at **XVII Venezuelan Society of Internal Medicine National Congress. Poster presentation.** Caracas, Venezuela. May 17-21, 2011.
39. Ramfis Nieto-Martinez, Gonzalez, JP, Garcia and Ugel, E. Prevalence of Hypertension and Dyslipidemia in Adults from Mountains of Mérida and its Relationship to Obesity. VEMSOLS Study. Presented at IV Western Conference **Venezuelan Society of Internal Medicine Congress. Poster presentation.** Barquisimeto, Venezuela. October 28-30, 2010.
40. Nieto- Martínez, R. Mario Briceño, Mariana Rivas, Carolina Carrera, Ugel Eunice, Patricia A. Cowan and Pedro Velásquez - Mieyer. Effect of Metformin and Lifestyle Changes on Body Mass Index in High Risk Obese Youth: African- American Race and Metabolic Syndrome as Predictors of Weight Loss. Presented at **XV Venezuelan Society of Internal Medicine National Congress. Poster presentation.** Margarita, Venezuela. May 19-23, 2009.
41. Nieto- Martinez, R., Pisani, F, Silva, M. Balza, L., Martínez H., and Millan, JE Impairment of Caloric and not of the Nutritional State of Protein, Vitamin A and E in Diabetic Patients During Hospitalization. Presented at **XII Parenteral and Enteral Nutrition Venezuelan Society National Congress. Poster presentation.** Caracas, Venezuela. March 26-28, 2009
42. Millán, José Eduardo; Martínez, Haydee and Nieto-Martínez, Ramfis. Plasma Levels of Vitamins A and E Measured by the HPLC Method in Patients with Type 2 Diabetes Mellitus and a Group of Non-Diabetic Patients in the Area of Influence of the Type II

- Ambulatory Clinic "Dr. Rafael Pereira". Barquisimeto, Edo. Lara. Presented at **I Pineda Congress. Barquisimeto, Venezuela.** November 15 -17 **2001.**
43. Nuñez, M., Nieto-Martinez, R., Alvarez, C., Cabello, H., Meza, I., Quiroz, M and Gatti, M. Medical Management of Diabetic Ketoacidosis and Hyperosmolar Nonketotic State in the Intermediate Care Unit of the "Antonio Maria Pineda" Central Hospital (June 1999-June 2000). Presented at **II Latin American Congress of Internal Medicine. Poster presentation. Caracas, Venezuela.** May 29-June 2, **2001.**
 44. Nieto- Martinez, R. and Loeb, E. American Thoracic Society Criteria for the Spirometric Evaluation in Healthy Subjects. Presented at **IV Venezuelan Society of Internal Medicine National Congress. Poster presentation. Caracas, Venezuela** May 23-27, **2000.**
 45. Montilva, M., Nieto-Martinez, R., Ferrer, M., Balza, L., Mendoza, M and Perez, M Use of Unsatisfied Basic Needs Method for Detecting Communities at High Risk of Malnutrition. Presented at **XII Latin American Congress of Nutrition (SLAN). Buenos Aires, Argentina 2000.**
 46. Mendez, R., Nieto- Martinez, R., Finizola, A., and Batalla, L. Effect of 8 Weeks of Training on Body Composition and Maximal Oxygen Uptake in Men's College Basketball Players. Presented at **XIX South American Congress of Cardiology and XXXIII Venezuelan Congress of Cardiology. Caracas, Venezuela 2000.**
 47. Montilva, M., Nieto- Martinez, R., Ferrer, M., Balza, L., Mendoza, M. and Pérez, M. Nutritional Status of Vitamin A in Children Under 7 Years from the West of Barquisimeto. **Acta Sci Venez Vol 50 (Supp. 2) :P 319, 1999.** Presented at **XIIX Venezuelan Association for the Science Advance (ASOVAC) National Convention. Maracay, Venezuela 1999.**
 48. Mendez, R., Nieto- Martinez, R., Finizola, A., and Batalla, L. Effect of 8 Weeks of Training on Body Composition and Maximal Oxygen Uptake in Men's College Basketball Players. **Antioqueña Journal of Sports Science and Medicine Applied to Sport and Physical Activity. Vol 2, Suppl 1. p125. June 1999.** Presented at **XVIII Pan American Congress of Sports Medicine. Medellin, Colombia 1999**
 49. Nieto- Martinez, R., Loeb, E. Garay-Flores, J., Mendez, R., Finizola, A., and Batalla, L. Lung Function in Venezuelan University Athletes: Should ATS Criteria Be Met? Istanbul Faculty of Medicine. Istanbul University. **Abstract Book. p 103.** Presented at **14th International Medical Sciences Student and Young Doctors Congress. Faculty of Medicine. Istanbul University. Istanbul, Turkey. 1998**
 50. Nieto- Martinez, R. Bioavailability of Vitamin A, E and Beta-Carotene During Diarrhea Caused by Lactose. **Abstracts Book p. 12.** Presented at **XI Latin American Congress of Nutrition (SLAN). Guatemala City, Guatemala 1997**
 51. Mendez, R., Finizola, A., Nieto-Martinez, R., and Batalla, L. Maximal Oxygen Uptake, Anaerobic Threshold and Other Indicators in Female Students from the Universidad Centroccidental "Lisandro Alvarado" (UCLA). Presented at **International Seminar on Physical Activity and Health. Maracaibo, Venezuela 1997.**
 52. Mendez, R., Finizola, A., Nieto-Martinez, R., and Batalla, L. Physical Performance Profile of a Sample of Female Students from the Universidad Centroccidental "Lisandro Alvarado" (UCLA). Presented at **International Congress of Physical Education, Sport and Recreation for Women. Barquisimeto, Venezuela. 1997**

53. Garay, J., Montilva, M., Nieto-Martinez, R., Bracho, P., Anzola, L., Valbuena, T., Lopez, H., and Batalla, L. Utility of Signaling Hypertext Language in the Teaching of Medical Physiology. **Acta Sci Venez. Vol 47 (Supp. 1) p 245, 1996.** Presented at **XLVI Venezuelan Association for the Science Advance (ASOVAC) National Convention. Barquisimeto, Venezuela 1996.**
54. Nieto- Martinez, R., Finizola, A., Garay, J., Mendez, R., Loeb, E., and Batalla, L. Levels of Lipids, Lipoproteins and Other Indicators in College Athletes from Different Disciplines. **Acta Sci Venez Vol 47 (Supp. 1) p 200, 1996.** Presented at **XLVI Venezuelan Association for the Science Advance (ASOVAC) National Convention. Barquisimeto, Venezuela 1996.**
55. Nieto- Martinez, R., Finizola, A., Garay, J., Mendez, R., Loeb, E., and Batalla, L. Some Indicators of Nutritional Iron Status in College Athletes. **Acta Sci Venez Vol 47 (Supp. 1) p 199, 1996.** Presented at **XLVI Venezuelan Association for the Science Advance (ASOVAC) National Convention. Barquisimeto, Venezuela 1996.**
56. Torbay, N., Nieto- Martinez, R., Garay, J., Cardinale, N., Balza, E., Montilva, M. and Hashim, S. Effect of A Milk Supplement on Nutritional Status of Preschool Children. **Latin Arch Nutr. Vol 44 (3), p 62S, Suppl, Sep. 1994.** Presented at **X Latin American Congress of Nutrition (SLAN). Caracas, Venezuela 1994**

Thesis and Dissertations (2)

1. Nieto- Martinez, R. Bioavailability of Vitamin A, E and Beta-carotene During Diarrhea Caused by Lactose. MSc Nutrition dissertation. Simón Bolívar University, pp 228. Caracas, Venezuela, 1997.
2. Nieto- Martinez, R. Prospective Evaluation of Nutritional-Metabolic Status of Diabetic Hospitalized Patients. "Antonio María Pineda" University Central Hospital. Internal Medicine postgraduate program dissertation. Universidad Centrocidental "Lisandro Alvarado" Barquisimeto, Venezuela, 2002

HONORS AND AWARDS

1. **2019 John C. Bogle Award.** A simple solution to a Complex problem – Connecting Venezuelan Migrants in need of Medical Care with Providers via telehealth. Presented by The Lown Scholar Program, Harvard T.H. Chan School of Public Health. **Harvard University.** Dar es Salaam, Tanzania. October 11, 2019. **Amount: \$ 5,000**
2. **2017 The Bernard Lown Scholars in Cardiovascular Health Program Award.** Harvard T.H. Chan School of Public Health. **Harvard University.** Project Title: Effect of Socioeconomic Status on Cardiometabolic Risk During the Venezuelan Humanitarian Crisis: **EVESCAM Cohort Study.** Award Number: BLSCHP-1703. Award Date: 12/20/2017. **Amount: \$ 25,593**
3. **2017 Bernard Lown Scholar.** Program in Cardiovascular Health. Department of Global Health and Population at the Harvard T.H. Chan School of Public Health. **Harvard University** July 1, 2017 to August 6, 2018.
4. **2016 "Dr. Daniel Camejo National Award"** granted by **Venezuelan Society of Endocrinology and Metabolism** by the best research study "Vitamin D levels in obese

patients and their relationship with the risk of type 2 diabetes determined by Latin America modified FINDRISC".

5. **2015 "Venezuelan Medical Excellence Award"** granted by **Venezuelan Medical Scientific Societies Network**. by Venezuelan Society of Internal Medicine. Caracas, Venezuela.
6. **2015 "Scientific Excellence Award"** granted by **Venezuelan Society of Internal Medicine** by Venezuelan Study of Cardiometabolic Health. Caracas, Venezuela.
7. **2015 "25 years of professional experience"**. Board of Directors. **College of Physicians of Lara State**. Barquisimeto, Venezuela
8. **2014 "Lisandro Alvarado First Class Distinction"**. Universidad Centroccidental "Lisandro Alvarado". Barquisimeto, Venezuela
9. **2011 "Honorific mention"** to the best research. Venezuelan Society of Internal Medicine (SVMI).
10. **2010 Annual Research Award. 1st place Prize**. Venezuelan Society of Internal Medicine (SVMI)
11. **2009 Annual Research Award. 2nd place Prize**. Venezuelan Society of Internal Medicine (SVMI)
12. **2002 "Honorific Mention" for the Graduate Thesis**. Internal Medicine Postgraduate Program. UCLA Medical School.
13. **2000 Meritorious Professor Level III Award** National Commission Merit Recognition System for Professors of National Universities (CONABA). Federation of Venezuelan University Professors Associations (FAPUV). National Council of Universities (CNU).
14. **2000 Best research Award**. Latin American Society of Nutrition (SLAN). Buenos Aires, Argentina
15. **1998 National Commission for Higher Education Development (CONADES) Award**
16. **1998 Council for Scientific, Humanistic and Technological Development (CDCHT). Recognition by the National and International projection of the University**. Universidad Centroccidental "Lisandro Alvarado". Barquisimeto, Venezuela
17. **1997 Meritorious Professor Level III Award**. National Commission Merit Recognition System for Professors of National Universities (CONABA). Federation of Venezuelan University Professors Associations (FAPUV). National Council of Universities (CNU).
18. **1997 "Outstanding" Mention**. MS Nutrition Degree Graduate Thesis. "Simón Bolívar" University (USB)
19. **1997 "Graduate with honors"**. MS Nutrition Degree. "Simón Bolívar" University (USB).
20. **1994-1997 UCLA Medical School Scholarship** for Postgraduate master's degree in nutrition
21. **1994-1997 National Council of Scientific and Technological Research Scholarship** granted by the Venezuelan government for Postgraduate master's degree in nutrition
22. **1990 "Cum Laude" Distinction**. UCLA Medical School. Medical Doctor Degree

23. **1986-1990 "Gran Mariscal de Ayacucho" Scholarship** granted by the Ministry of Education of the Venezuelan government for undergraduate study in Medicine

RESEARCH SUPPORT

Ongoing Research Support

As Principal Investigator

2018-2019 Project Title: Effect of Socioeconomic Status on Cardiometabolic Risk During the Venezuelan Humanitarian Crisis: **EVESCAM Cohort Study**. Award Number: BLSCHP-1703. Award Date: 12/20/2017. Awarded by: **The Bernard Lown Scholars in Cardiovascular Health Program**. Harvard T.H. Chan School of Public Health. Principal Investigator(s): Ramfis Nieto-Martinez, P.I. **Amount: \$ 25,593** (direct costs). Period of Performance: 03/01/2018 – 03/30/2019

As Mentor

2020-2021 Project Title: **Hybridized Three Steps (HITS) Intervention to Prevent Diabetes in Venezuela**. HITS Diabetes with Prevention, An EVESCAM lifestyle intervention study. Award Number: BLSCHP-1703. Award Date: 12/20/2017. Awarded by: **The Bernard Lown Scholars in Cardiovascular Health Program**. Harvard T.H. Chan School of Public Health. Principal Investigator(s): Juan Pablo Gonzalez-Rivas Mentor: Ramfis Nieto-Martinez, P.I. **Amount: \$ 48,500** (direct costs). Period of Performance: 03/01/2018 – 03/30/2019

Completed Research Support

As Principal Investigator

1. **2014-2017 Venezuelan Cardiometabolic Health Study (EVESCAM)**. Novartis Laboratory Grant # CVAL489AVE01T. Nieto-Martinez, R. P.I.; Marulanda, M.I. Co-I. **Amount: \$ 350,000 direct costs**
2. **2011-2015 Venezuelan Metabolic Syndrome, Obesity and Lifestyle Study (VEMSOLS)**. Organic Law of Science, Technology and Research (LOCTI) and Council of Scientific Development, Technological and Humanistic (CDCHT) of the Centroccidental "Lisandro Alvarado" University (UCLA) Project # 568 -ME-2009. Nieto-Martinez, R. P.I. **Amount: \$15,870** (direct costs)
3. **2016-2017**. Proposed new cutoff of BMI for detection of obesity in university population of Panama. Project No: VIP-01-07-062015-04. Ramfis Nieto-Martinez, P.I. Direction of Research and Graduate Studies. University of Panamá. Self-Funded Project
4. **2010** Cardiometabolic Risk Factors as Predictors of Prediabetes. Cardiometabolic Unit. Medicine Graduate Program Degree Thesis. Nieto-Martínez, R. **P.I. Mentor**. Self-Funded Project
5. **2009** Effect of Enteral Versus Parenteral Nutrition on Nutritional Status of hospitalized patients with Acute Pancreatitis. Central University Hospital. General Surgery Postgraduate Program Degree Thesis. Nieto-Martínez, R. **P.I. Mentor**. Student: Alicia Amario (Surgery residency). Self-Funded Project

6. **2009** Cardiometabolic Risk Factors and its Relationship With the presence of Non-Alcoholic Fatty Liver Disease. Medicine Graduate Program Degree Thesis. Nieto-Martínez, R. **P.I. Mentor.** Self-Funded Project
7. **2006** Prevalence of Metabolic Syndrome and Obesity in Individuals between 20 and 80 years Old in Palavecino Municipality, Lara State. Medicine Graduate Program Degree Thesis. Nieto-Martínez, R. **P.I. Mentor.** Self-Funded Project
8. **2006** Oxidative Stress in Scholar and Adolescent Patients with Type 1 Diabetes Mellitus. Martinez, H. Pediatrics Postgraduate Program Degree Thesis. Nieto-Martínez, R. **P.I. Mentor.**
9. **2006** Oxidative Stress and Nutritional Status in Diabetic Hospitalized Patients. Millán, J.E. Internal Medicine Degree Thesis. Nieto-Martínez, R. **P.I. Mentor.**
10. **2005** Curriculum Content Analysis on the Nutritional Care of Hospitalized Diabetic Patients in the Internal Medicine Graduate Program. Balza, L. Master's in education Degree Thesis. Nieto-Martínez, R. **P.I. Mentor** CDCHT-UCLA Project No:026-ME-2005
11. **2002** Plasma Levels of Vitamins A and E in Diabetic Patients in the Outpatient "Rafael Pereira" Ambulatory Health Center. Barquisimeto. Nieto-Martínez, R. **P.I.** Self-Funded Project
12. **2001-2002** Prospective Evaluation of Nutritional/Metabolic State Diabetic Hospitalized Patients. Nieto-Martínez, R. **P.I.** CDCHT-UCLA Grant. Project No: 013-ME-2001.
13. **1997-2001** Nutritional Status of Some Antioxidants in Preschool Children of Lara State. Nieto-Martínez, R. **P.I.** CDCHT-UCLA Grant. Project No: 02-15M- 97. Amount: \$ 2,770
14. **1994-1998** Effect of Diarrhea Induced by Lactose on Nutritional Status of Vitamin A, E and Beta-Carotene in rats. Nieto-Martínez, R.; **P.I.** CDCHT-UCLA Grant. Project No: 02-18M-97.

As Co-investigator

15. **2011** Researcher and National Coordinator. International Diabetes Management Practices Study (IDMPS Wave 5). Study Code: Direg-R-05941. Laboratory Sanofi -Aventis Grant
16. **2006** Racial Disparities on the Enteroinsular Axis activity (EIA): An Independent risk for Obesity and T2DM in African American Obese Adolescents. Velásquez-Mieyer, P. PI.; Nieto-Martínez, R. Co-investigator. Department of Pediatrics. Division of Endocrinology. The University of Tennessee. 50 North Dunlap, Memphis, TN 38103. Novartis Grant
17. **2006** Evaluation of the Effectiveness of Three Different Intervention (Lifestyle Changes vs Metformin) on Body Weight and Blood Pressure in Obese (African American and Caucasian) Children and Young. Velásquez-Mieyer, P. PI.; Nieto-Martínez, R. Co-investigator. Department of Pediatrics. Division of Endocrinology. The University of Tennessee. 50 North Dunlap, Memphis, TN 38103.
18. **2002** Relationship between Pulmonary Function, Vitamin C and E Serum levels, Superoxide Dismutase, Glutathione Peroxidase and Oxidative Stress in Patients with Chronic Obstructive Pulmonary Disease. Loeb, E. P.I.; Nieto-Martínez, R. Co-investigator. CDCHT-UCLA Grant. Project No: ME-016-2002. Amount: \$ 1,333

19. **2002** Plasma Concentration of Vitamins A in a Rural Population from Lara State. Venezuela. Dellan, G. PI.; Nieto-Martínez, R. Co-investigator. CDCHT-UCLA Grant.
20. **2001** Plasma Concentration of Vitamins A in a Rural Population from Lara State. Venezuela. Dellan, G. PI.; Nieto-Martínez, R. Co-investigator. CDCHT-UCLA Grant.
21. **1999-2001** Iron Nutritional Status and Living Conditions. Montilva, M. P.I.; Nieto-Martínez, R. Co-investigator. CDCHT-UCLA Grant. Project No: 02-1M-99.

RESEARCH WORK FOR PROMOTION IN THE UNIVERSITY MERIT VALUATIONS

1. **1997** To **Assistant Professor** Category
Nieto- Martinez, R. E. Bioavailability of Vitamin A, E and Beta-carotene During Diarrhea Caused by Lactose. Simón Bolívar University, pp 228. Caracas, Venezuela.
2. **2002** To **Aggregated Professor** Category
Nieto- Martinez, R. E. Prospective Evaluation of Nutritional-Metabolic State of Diabetic Hospitalized Patients. "Antonio Maria Pineda" University Central Hospital.
3. **2008** To **Associate Professor** Category
Nieto- Martinez, R. E. Effect of Metformin and Lifestyle Changes on Relative Body Mass Index of Obese High-Risk Adolescents: Afro-American Race and Metabolic Syndrome as Predictors of Weight Loss. Memphis, Tennessee USA
4. **2014** To **Tenured Professor** Category. Last 5 publications

MENTORSHIP

MD candidates

- Eduardo Loeb (2006, MD Thesis, UCLA Venezuela)
- Enzo Borzellino (2006, MD Thesis UCLA Venezuela)
- Jose Millan (2006, MD Thesis UCLA Venezuela)

Fellowships and residency programs

- Alicia Amario (2009, Surgery Specialist Thesis, UCLA Venezuela)

Master or Doctoral students

- Onella Dawkins (2016-2018, MSc in Epidemiology HSPH Harvard University, secondary thesis advisor)
- Lourdes Balza (2005, Master's in education, UCLA Venezuela)

Bernard Lown Scholars in Cardiovascular Health

- Juan Pablo Gonzalez (2020-2021), Project Title: **H**ybridized **T**hree **S**teps (HITS) Intervention to Prevent Diabetes in Venezuela. HITS Diabetes with Prevention, An EVESCAM lifestyle intervention study)
- Eunice Ugel (2021-2022), project Title: The EVESCAM Fundalara Cohort Study
- Chitra Venkateswaran (2020-2021), project title: Assessment of a psychological intervention by community health volunteers for hypertension in rural settings in Alappuzha in Kerala – A pilot study (Advisor).

REVIEWER AND EDITORIAL RESPONSIBILITIES

PUBLONS: <https://publons.com/dashboard/records/review/>

ORCID ID: <https://orcid.org/0000-0002-0575-7534>

1. 2019-present Reviewer for Journal of Diabetes Research (1 review, 2019)
2. 2019- present Reviewer for International Journal of Clinical Practice (1 review, 2019)
3. 2018-present Reviewer for Journal of Immigrant and Minority Health (1 review, 2018)
4. 2018-present Reviewer for Wellcome open access (1 review, 2018)
5. 2018-present Reviewer for Investigacion Clinica (1 review, 2018)
6. 2017-present Reviewer for Public Health Nutrition (1 review, 2017)
7. 2017-present Reviewer for British Journal of Nutrition (1 review, 2017)
8. 2016-present Reviewer for Therapeutic Advances in Endocrinology and Metabolism (1 review, 2016)
9. 2016-present Reviewer for Venezuelan Society of Endocrinology and Metabolism Journal
10. 2015-present Reviewer for PlosONE (3 reviews)
11. 2015-present Reviewer for Primary Care Diabetes (3 reviews)
12. 2013-present Reviewer in Avances Cardiológicos. Journal of the Venezuelan Cardiology Society (1 review)
13. 2013-present Member of the Editorial Board of the Venezuelan Society of Endocrinology and Metabolism Journal
14. 2012-2014 Faculty. **Editor and National Coordinator**. Venezuelan Association for the Study of Obesity, AVESO. **Interdisciplinary Course on Obesity and Diabetes (CIOD)**. 2012 (3 courses, 6 lectures), 2013 (3 courses, 8 lectures). **Total 6 courses in 6 cities across the country (960 attendees). 14 Lectures in total**. Duration: 8 hours each course, **Venezuela**
15. 2006-2011 **Editor and National Coordinator Venezuelan Association for the Study of Obesity, AVESO. Interdisciplinary Course on Obesity (CIO)**. 2006 (4 courses, 9 lectures), 2007 (3 courses, 4 lectures), 2008 (2 courses, 2 lectures), 2009 (3 courses, 8 lectures), 2010 (2 courses, 6 lectures), 2011 (3 courses, 6 lectures). **Total 17 courses in 10 cities across the country (2,040 attendees). 35 Lectures in total**. Duration: 8 hours each course

UNIVERSITY AND HOSPITAL COMMITTEES APPOINTMENTS

1. 2014-2016 Tenured Professor, Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
2. 2013-Present. Founder and Vice-president. Foundation for Clinical, Public health and Epidemiologic Research of Venezuela (FISPEVen). Caracas, Venezuela
3. 2008-2014. Associate Professor, Department of Physiology. UCLA Medical School.

Barquisimeto, Venezuela

4. 2007 -2015. Physiology II Coordinator. Medicine Program. UCLA Medical School. Barquisimeto, Venezuela
5. 2004-2012. Professor. Obesity Seminars. Postgraduate Program of. Internal Medicine. "Antonio Maria Pineda" Central University Hospital. UCLA
6. 2004-2012. Professor. Clinical Pharmacology Program. Nutritional Support. Postgraduate Program of. Surgery, Anesthesiology, Intensive Care and Gastroenterology. "Antonio Maria Pineda" Central University Hospital. UCLA
7. 2002-2007. Aggregated Professor, Department of Physiology. UCLA Medical School.
8. 2002-2004. Chief, Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
9. 2002 – 2007. Director, Bioethic Research Committee. UCLA Medical School. Barquisimeto, Venezuela
10. 2001-2015. Professor. Nutritional Support Seminars. Postgraduate Program of Surgery. "Antonio Maria Pineda" Central University Hospital. UCLA
11. 1999-2006. Coordinator, Business Project on Physiology. Physiology Research Unit, Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
12. 1997-2016. Director (Founder). Multi-disciplinary Nutrition Laboratory Physiology Research Unit, Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
13. 1997-2002 . Assistant Professor, Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
14. 1997-1999. Physiology Coordinator. Nursing Program. UCLA Medical School. Barquisimeto, Venezuela
15. 1997-1998. Member, Nursing Program Curriculum Committee. UCLA Medical School. Barquisimeto, Venezuela
16. 1995-1996. Academic Assistant. Nutrition Laboratory. Department of Biological and Biochemical Processes. "Simón Bolívar" University. Caracas, Venezuela
17. 1994-1997. Physiology I Coordinator. Medicine Program. UCLA Medical School. Barquisimeto, Venezuela
18. 1991-1997. Instructor Professor, Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
19. 1986-1990. Research Assistant. Department of Physiology. UCLA Medical School. Barquisimeto, Venezuela
20. 1986-1989. Student Delegate to the Board of Medical School Student Center UCLA Medical School. Barquisimeto, Venezuela

NATIONAL AND INTERNATIONAL COMMITTEES, ACADEMIC APPOINTMENTS AND RESEARCH NETWORK

1. 2020-Present Member of the South American Physical Activity and Sedentary Behavior Network (SAPASEN)
2. 2019 **Chairperson**. Transcultural Diabetes Conference. November 4 - 15, 2019. **Miami, USA**. Sponsored by Merck. Week 1: Practical tips for research. Week 2: Diabetes prevention and treatment
3. 2017-Present. **Lown Scholar** in the Bernard Lown Scholar Program in Cardiovascular Health. Harvard TH Chan School of Public Health. **Harvard University**, Boston USA
4. 2017-2019. **Invited facilitator**. Small group session for the second-year medical students. Geriatrics and Palliative Medicine Clerkship. Evidence based seminars for the 4th year medical students. Division of Geriatrics and Palliative Medicine. **University of Miami Miller School of Medicine, Miami, USA**
5. 2015-2017 **Visiting Professor**, Physiology Department and Biochemistry Department. School of Medicine. **University of Panamá**. Founder of the Metabolic and Exercise Physiology Laboratory.
6. 2014 National Obesity Task Force. **Venezuelan Society of Endocrinology and Metabolism, SVEM**
7. 2014 General Coordinator, Latin America Committee for the adaptation of Obesity AACE Guidelines to Latin America. **Latin American Federation for the Study of Obesity, FLASO**
8. 2014 Annual Meeting Abstract Selection Committee. **Venezuelan Society of Internal Medicine, SVMI**
9. 2013-present. Founder and Vice-President. **Venezuelan Foundation for Clinical, Epidemiological and Public Health Research, FISPEVen**
10. 2013 Postgraduate Diabetes Course. **University of St Andrews**. School of Medicine. Dr. Hugh Mac Dougall and Dr. Ian W. Campbell. 05/13. St Andrews, FIFE, **United Kingdom**.
11. 2013 Venezuelan Guidelines on Prediabetes. National Committee. **Venezuelan Society of Endocrinology and Metabolism, SVEM**
12. 2012-present Member of Ibero American Network of Pre-Diabetes. **Ibero American Science and Technology Program for Development, CYTED**
13. 2012-2014 **President** of Venezuelan Association for the Study of Obesity, **AVESO**
14. 2012 Venezuelan Heart Failure Consensus. National Committee. Section: Nutrition in Patients with Heart Failure. An update. **Venezuelan Society of Cardiology, SVC**
15. 2012 Venezuelan Clinical Practice Guide on Diabetes Mellitus 2012. National Committee. Section: Non-pharmacologic treatment: nutritional aspects, lifestyle and physical activity and Bariatric Surgery. **Venezuelan Society of Endocrinology and Metabolism, SVEM**
16. 2011 Researcher and National Coordinator. International Diabetes Management Practices Study (IDMPS Wave 5). **International Diabetes Management Practices Study**,

IDMPS. Study Code: Direg-R-05941. Sponsored by Laboratory Sanofi -Aventis

17. 2011 **Chairperson.** 2001Total Nutritional Therapy (TNT) Course. Latin American Federation of Parenteral and Enteral Nutrition (FELANPE) and Abbott Laboratories (20 hours). Barquisimeto, Venezuela
18. 2010-present Scientific Coordinator. Venezuelan Study of Cardio-metabolic Health National Survey (EVESCAM). **Venezuelan Society of Internal Medicine, SVMI**
19. 2010 Editorial Committee. Venezuelan Clinical Guidelines of Metabolic Syndrome. **Venezuelan Association for the Study of Obesity, AVESO**
20. 2007 Venezuelan Polycystic Ovarian Syndrome Consensus. National Committee. Section 3: Treatment. **Venezuelan Society of Endocrinology and Metabolism, SVEM**
21. 2006-2014 President (2012-2014), Vice-President (2008-2012), Vocal (2006-2008). **Venezuelan Association for the Study of Obesity, AVESO**
22. 2006 **Visiting Researcher.** Department of Pediatric. Division of Endocrinology. **University of Tennessee Health Science Center, Memphis, Tennessee 3810, USA.** Supervisor: Pedro Velasquez-Mieyer MD
23. 2006 Venezuelan Heart Failure Consensus. National Committee. Section: Nutrition in Patients with Heart Failure. **Venezuelan Society of Cardiology, SVC**
24. 1997 **Visiting Physician.** Department of Medicine and Pharmacology. **Mayo Clinic, Rochester, Minnesota, USA.** Supervisor: Andre Terzic MD, PhD.

PROFESSIONAL SOCIETIES AND ORGANIZATIONS MEMBERSHIP

1. 2012 -present Latin America Diabetes Association, ALAD
2. 2011 -present Venezuelan Society of Endocrinology and Metabolism, SVEM (Associate Member)
3. 2009 -present Venezuelan Society of Internal Medicine, SVMI (Associate Member)
4. 2005-2006 American Diabetes Association, ADA (1 year)
5. 2002-present Venezuelan Association for the Study of Obesity, **AVESO (Past-President 2012-2014)**
6. 2002-present International Association for the Study of Obesity, IASO. Actual: World Obesity Federation (WOF).
7. 2002-present Federation of Latin American Societies of Obesity, FLASO
8. 2002-2003 North American Society for Study of Obesity, NASSO (1 year). Actual: The Obesity Society (TOS)
9. 2001-present Latin American Federation of Parenteral and Enteral Nutrition, FELANPE
10. 2001-2002 American Society Parenteral and Enteral Nutrition, ASPEN
11. 1998-present Venezuelan Society of Parenteral and Enteral Nutrition, SVNP

12. 1997-present Latin American Nutrition Society, SLAN

RELEVANT TRAININGS, COURSES AND SCIENTIFIC MEETINGS

1. 2019 Spring 2019 GRADE Study Group Meeting: April 29-May 1. Location: Westin Arlington Gateway. **Arlington, VA, USA**
2. 2018 Spring 2018 GRADE Study Group Meeting: April 23-25. Location: Doubletree, **Bethesda, MD, USA**
3. 2016 Annual Meeting of the European Association for the Study of Diabetes. **Munich, Germany**
4. 2015 Annual Meeting of the European Association for the Study of Diabetes. **Stockholm, Sweden**
5. 2015 American Diabetes Association Scientific Sessions. **Boston, MA USA**
6. 2014 Annual Meeting of the European Association for the Study of Diabetes. **Vienna, Austria**
7. 2014 Weight Management to Improve Long-term Outcomes in Obesity. Institute for Medical and Nursing Education. **Panama City, Panama**
8. 2014 Latin American Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy). **Panama City, Panama**
9. 2014 Global Diabetes Summit. Novonordisk. **Panama City, Panama**. Meeting Chair Eduard Montaya
10. 2014 Diabetes: Trials, Treatments and Tribulations. UT Southwestern Medical Center at the ADA 74th Scientific Sessions, **San Francisco, California, USA**
11. 2014 American Diabetes Association Scientific Sessions. **San Francisco, CA USA**
12. 2013 Improving Outcomes in Geriatric Medicine. 9th Congress of the European Union Geriatric Medicine Society. **Venice, Italy**.
13. 2013 American Diabetes Association Scientific Sessions. **Chicago, IL USA**.
14. 2013 3rd International Summit on the Role of Transcultural Nutrition Therapy in the Management of Diabetes and Prediabetes. **Sao Paulo, Brazil**. Dr. Jeffrey Mechanick - Dr. Refaat Hegazi
15. 2012 Latin-American Interchange on Diabetes. New Prospects in the Treatment of Type 2 Diabetes. Boehringer Ingelheim and Lilly. **Rio de Janeiro, Brazil**
16. 2012 European Society for Clinical Nutrition and Metabolism (ESPEN). **Barcelona, Spain**.
17. 2012 American Diabetes Association Scientific Sessions. **Philadelphia, PA, USA**

18. 2012 7th World Congress on Prevention of Diabetes and its Complications. **Madrid, Spain.**
19. 2012 2nd International Summit on Prediabetes and Diabetes Adjunctive Therapy for Metabolic Management. **Caracas, Venezuela.** Dr. Jeffrey Mechanick - Dr. Refaat Hegazi
20. 2011 Diabetes Summit 2011. Selected Topics in the Treatment of Type 2 Diabetes. BMS-Astra Zeneca. **Cancun, Mexico.**
21. 2011 Annual Meeting of the European Association for the Study of Diabetes. **Lisbon, Portugal**
22. 2011 American Diabetes Association Scientific Sessions. **San Diego, CA.** USA.
23. 2011 2001 Chicago, IL, USA. 2009 New Orleans, LA, USA. 2011 **Vancouver, Canadá**
24. 2011 1st International Summit on Nutrition Therapy for Metabolic Management **Miami, FL, USA.** Dr. Jeffrey Mechanick - Dr. Refaat Hegazi
25. 2011 European Society for Clinical Nutrition and Metabolism (ESPEN). **Gothenburg, Sweden**
26. 2010 Global Outreach for Learning in Diabetes. Latin American Meeting. Dr. **Buenos Aires, Argentina.** GlaxoSmithKline. Stefano Del Prato and Dr. Leon Litvak
27. 2010 Annual Meeting of the European Association for the Study of Diabetes. **Stockholm, Sweden**
28. 2010 Latin American Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHy). **Buenos Aires, Argentina.**
29. 2009 American Society for Parenteral and Enteral Nutrition (ASPEN). **New Orleans, LA. USA**
30. 2009 Global Outreach for Learning in Diabetes Latin American meeting. **Sao Paulo, Brazil**
31. 2009 American Diabetes Association Scientific Sessions. **New Orleans, LA. USA**
32. 2008 SCOPE Course (Specialist Certification of Obesity Professional Education). Obesity Management: From Science to Action, From Lectures to Hands - On Experience. **Geneva, Switzerland.** Dr. Arne Astrup, Prof. Stephan Rossner
33. 2008 Diabetes Faculty Forum. Sanofi-Aventis. **Barcelona, Spain**
34. 2008 Annual Meeting of the European Association for the Study of Diabetes. **Rome, Italy**
35. 2008 American Diabetes Association Scientific Sessions. **San Francisco, CA.** USA
36. 2008 16th European Congress on Obesity (ECO). European Association for the Study of Obesity (EASO). **Geneva, Switzerland**
37. 2007 Challenging Obesity Factors. Meeting the Experts. **Santiago de Chile, Chile**
38. 2007 Annual Meeting of the European Association for the Study of Diabetes. **Amsterdam, Netherlands**

39. 2007 22nd Annual Scientific Meeting of the American Society of Hypertension. (ASH)
Chicago, IL, USA
40. 2006 Putting Prevention into Practice. Preventing Cardiovascular Disease in the Clinical Setting. Mayo Clinic, **Rochester, Minnesota**. 13 hours
41. 2006 NASSO. The Obesity Society Annual Scientific Meeting. **Boston, MA**
42. 2006 American Diabetes Association Scientific Sessions **Washington DC, USA**
43. 2005 Course of Indirect Calorimetry and Cardiopulmonary Tests. Med Graphics. Dr. Michael Snow. **Caracas, Venezuela**. 11 hours.
44. 2005 American Diabetes Association Scientific Sessions **San Diego, CA, USA**
45. 2005 Advanced Course on Body Composition Assessment: Metabolic Syndrome.
México City, Mexico. Dr. Angelo Pietrobelli - Dr. María Velásquez
46. 2004 Interdisciplinary Course of Clinical Nutrition (CINC). Latin American Federation of Parenteral and Enteral Nutrition (FELANPE). **Caracas, Venezuela** 20 hours
47. 2001 Total Nutritional Therapy (TNT) Course. Latin American Federation of Parenteral and Enteral Nutrition (FELANPE). **Caracas, Venezuela**. 20 hours
48. 2001 American Society for Parenteral and Enteral Nutrition (ASPEN). **Chicago, IL, USA**
49. 1997 Teaching Capacitating Course. UCLA Medical School. **Barquisimeto, Venezuela**. Duration: 1 year
50. 1996 High Efficiency Liquid Chromatography (HPLC) Equipment Maintenance. CIENVAR Laboratories, S.A. **Caracas, Venezuela**
51. 1995 Basis of High Efficiency Liquid Chromatography (HPLC). National Institute of Hygiene "Rafael Rangel". **Caracas, Venezuela**

INVITED LECTURES (339)

INTERNATIONAL INVITED LECTURES (46)

1. 2020 Virtual CardioVize Conference Day. Oct 16, 2020. **Brno, Czech Republic**. Lecture topic: Transcultural Lifestyle Medicine as a strategy to reduce the burden of CMBCD
2. 2020 LifeDoc Lifestyle Diabetes & Obesity Clinic. May 7, 2020. **Memphis, TN, USA**. Lecture topic: Cardiometabolic-based chronic disease (CMBCD): Overview of a new actionable model
3. 2020 Lancet Migrants Collaboration / CRONICAS Universidad Cayetano Heredia / PAHO. March 3rd, 2020. **Lima, Peru**. Lecture topic: Changes in Cardiometabolic Health during the Venezuelan Crisis: EVESCAM Migrants Study.
4. 2019. Advances in Management Conference: Innovation in scientific knowledge. Fermín Toro University, **Barquisimeto, Venezuela**. November 22, 2019. Lecture Topic: EVESCAM Research team: A Venezuelan model for the development of science

5. 2019. Transcultural Diabetes Conference. November 14, 2019. **Miami, USA**. Sponsored by Merck. Week 2: Module: Physical Activity and Obesity in Diabetes. Lecture Topic: New AACE obesity definition: Recommendations to treat diabetes in patients with obesity
6. 2019. Transcultural Diabetes Conference. November 13, 2019. **Miami, USA**. Sponsored by Merck. Week 2: Module: Diabetes and Global Cardiovascular Risk. Lecture Topic: Effect of Low Socioeconomic Status on Cardiometabolic Risk in Venezuela: EVESCAM Cohort Study
7. 2019. Transcultural Diabetes Conference. November 12, 2019. **Miami, USA**. Sponsored by Merck. Week 2: Module: Diabetes Prevention and Lifestyle Medicine. Lecture Topic: Lifestyle medicine: definitions and applications in diabetes prevention and treatment
8. 2019. Transcultural Diabetes Conference. November 11, 2019. **Miami, USA**. Sponsored by Merck. Week 2: Transcultural medicine. Lecture Topic: Transculturalizing diabetes prevention in Latin America
9. 2019. Transcultural Diabetes Conference. November 8, 2019. **Miami, USA**. Sponsored by Merck. Week 1: Research. Lecture Topic: How to write a manuscript? Some useful tips
10. 2019. Transcultural Diabetes Conference. November 7, 2019. **Miami, USA**. Sponsored by Merck. Week 1: Research. Lecture Topic: How to Prepare A Research Project? Part 2
11. 2019. Transcultural Diabetes Conference. November 5, 2019. **Miami, USA**. Sponsored by Merck. Week 1: Research. Lecture Topic: How to Prepare A Research Project? Part 1
12. 2019. Transcultural Diabetes Conference. November 4, 2019. **Miami, USA**. Sponsored by Merck. Week 1: Research. Lecture Topic: How the Transcultural Medicine Network Operates?
13. 2019. First Lown Scholar Colloquium. TH Chan School of Public Health. Harvard University. October 10, 2019. **Dar es Salaam, Tanzania**. Lecture Topic: Effect of Low Socioeconomic Status on Cardiometabolic Risk in Venezuela: EVESCAM Cohort Study preliminary results
14. 2019. Facebook Live. Merck Digital Conferences (ME-DI-CO). Wednesday, September 25, 2019. **Miami, USA**. Interview Topic: Thyroid and nutrition. Attendees: Latin American general public.
15. 2019. Lown Scholar Program. TH Chan School of Public Health. Harvard University. August 2, 2019. **Boston USA**. Lecture Topic: Effect of Low Socioeconomic Status on Cardiometabolic Risk in Venezuela: EVESCAM Cohort Study
16. 2019. International Course on Diabetes Controversies. Chilean Society of Endocrinology and Diabetes (SOCHED). August 10, 2019. **Santiago de Chile, Chile**. Lecture Topic: New paradigms in obesity: Weight-centric approach to diabetes treatment
17. 2019. International Course on Diabetes Controversies. Chilean Society of Endocrinology and Diabetes (SOCHED). August 9, 2019. **Santiago de Chile, Chile**. Lecture Topic: How to prevent type 2 diabetes: Non-drug treatment
18. 2019. International Course on Diabetes Controversies. Chilean Society of Endocrinology and Diabetes (SOCHED). August 9, 2019. **Santiago de Chile, Chile**. Lecture Topic: In whom type 2 diabetes should be prevented: Identification of the population at risk
19. 2019. Merck Stand Alone, July 13, 2019. **Bucaramanga, Colombia**. Lecture Topic: Understanding prediabetes: Identification and treatment for an emerging disease.

20. 2019. 6th Merck Stand Alone, July 11, 2019. **Bogotá, Colombia**. Lecture Topic: Metformin 2019: Beyond glyceemic control
21. 2019. 6th Merck Stand Alone, July 11, 2019. **Bogotá, Colombia**. Lecture Topic: Understanding prediabetes: Identification and treatment for an emerging disease.
22. 2019. Videoconference Merck Digital Conferences (ME-DI-CO). Wednesday, June 12, 2019. **Miami, USA**. Lecture Topic: A new look at obesity 2019. Attendees: Latin American physicians.
23. 2019. X Chilean Congress of Clinical Nutrition, Obesity and Metabolism. III Congress of Pediatric Clinical Nutrition. IV South Regional Congress of FELANPE. Prediabetes Symposium: How can we manage it from the perspective of evidence and real practice? Friday, April 26, 2019. Sheraton Miramar Hotel, **Vina del Mar, Chile**. Lecture Topic: Lifestyle medicine in diabetes prevention: Going back to the medicine of the future.
24. 2019. Merck Conference. Hotel Crowne Plaza. April 25, 2019, **Santiago de Chile, Chile**. Lecture Topic: Identification and management of Prediabetes: Reconciling physiopathology, clinical and public health. 300 attendees.
25. 2018 2nd. International Symposium on Prevention, Detection and Early Management of Diabetes Mellitus and its Complications. Colombian Association of Diabetes. November 2 and 3, 2018, **Bogotá, Colombia**. Conference Topic: Nutritional intervention in primary prevention: from theory to practice
26. 2018 2nd. International Symposium on Prevention, Detection and Early Management of Diabetes Mellitus and its Complications. Colombian Association of Diabetes. November 2 and 3, 2018, **Bogotá, Colombia**. Lecture Topic: Durability of antidiabetic treatments
27. 2018 Faculty. CMC Stand Alone 2018. September 7 - 8, 2018. **Santiago de Chile, Chile**. Conference Topic: Detecting subjects at risk of diabetes: FINDRISC validation in Latin America.
28. 2018 XXIX Venezuelan Society of Internal Medicine National Congress. **Caracas, Venezuela**. May 9 to 11, 2018. Caracas, Venezuela. Conference Topic: Sarcopenia and aging
29. 2018 XXIX Venezuelan Society of Internal Medicine National Congress. **Caracas, Venezuela**. May 9 to 11, 2018. Caracas, Venezuela. Conference Topic: Obesity: Is this resolving or are we getting worse?
30. 2017 Invited expert. Cardio-Diabetes Sanofi Scientific Meeting (SSM 4.0). June 2nd, 2017. **Punta Cana, Dominican Republic**. Conference Topic: Transculturalizing cardiometabolic prevention in Latin America
31. 2016 Faculty. Vitamin D Symposia. Sponsored by Sanofi-Aventis Laboratory. August 27, 2016. **Cartagena, Colombia**. 1st Conference: Vitamin D: recognizing a dual molecule.
32. 2016 Faculty. Vitamin D Symposia. Sponsored by Sanofi-Aventis Laboratory. August 27, 2016. **Cartagena, Colombia**. 2nd Conference: Vitamin D, diabetes and cardiovascular risk
33. 2016 Faculty. XVI Endocrinology National Peruvian Congress. August 6, 2016. **Lima, Peru**. Conference Topic: Vitamin D, diabetes and cardiovascular risk

34. 2016 Invited expert. Department of Public Health Sciences Grand Rounds. University of Miami. Miller School of Medicine. **April 21st, 2016. Miami, USA.** Conference Topic: Transculturalizing diabetes prevention in Latin America
35. 2016 Faculty (all the workshop). Workshop on Practical Bases for Scientific Research: From Collection of data to Publication. Department of Physiology. School of Medicine, University of Panamá, **Panamá** (Duration 40 hours).
36. 2015-2016 Professor, Postgraduate Course of Clinical Nutrition. Faculty of Medicine. University of Panama. College of Physicians of Panamá. Panama City, **Panamá**. Topics: 1. Anatomy and Digestive Physiology; 2. Carbohydrate, Fat and Protein Metabolism; 3. Metabolic response to stress; 4. Nutrition in renal failure
37. 2015 Faculty. 8th World Congress on Prevention of Diabetes and its Complications. **Cartagena, Colombia.** October 15 to 17, 2015). Conference topic: Evaluation of the FINDRISC as a screening tool for people with impaired glucose regulation in Venezuela using a modified score with validated regional cutoff values for abdominal obesity.
38. 2015 Faculty (all the workshop). Workshop on Metabolic Physiology and Clinical Applications. Department of Physiology. School of Medicine, University of Panamá, **Panamá** (Duration 40 hours).
39. 2015 Faculty. South American Scientific Exchange Meeting. New evidence in the management of Type 2 Diabetes: Exploring the possibilities. 26–27 June 2015. **São Paulo, Brazil.** Conference 1: Exploring the potential of SGLT2 inhibition beyond glycaemia: Uric acid and Lipids. Conference 2: Ongoing Cardiovascular Outcomes Trials: increasing our understanding of CV outcomes
40. 2014 Faculty. Latin America Obesity Congress. Latin American Federation of Obesity Societies (FLASO). Mexican Academy for the Study of Obesity (AMEO). Central American and Caribbean Obesity Federation (FECCOM). 6-8 February 2014. **Mexico, DF.** Conference Topic: Repositioning metformin in the metabolic syndrome
41. 2012-2014 Faculty. Update Course in Diabetes. Latin American Association of Diabetes (ALAD). Duration: 26 hours. Topic: Prediabetes and Metabolic Syndrome. **Barquisimeto, Venezuela.**
42. 2010 Faculty. Obesity and Obstructive. IX Latin American Congress of Obesity. **Santiago, Chile,** August 5 to 7, 2010. Conference topic: Sleep Apnea and Obesity: A high risk duo
43. 2009 General Coordinator. Total Nutritional Therapy (TNT) Course. Latin American Federation of Parenteral and Enteral Nutrition, FELANPE. Duration: 20 hours. **Barquisimeto, Venezuela.**
44. 2008-2010 Instructor for Latin America Total Nutritional Therapy (TNT) Course. Latin American Federation of Parenteral and Enteral Nutrition (FELANPE). Duration: 20 hours. **Caracas, Venezuela.**
45. 2008 Faculty. Diabetes: Concepts, connections and perspectives. IX International Course. Update in Diabetes Mellitus. Joslin Diabetes Center, Boston MA. Centro Médico- Docente La Trinidad. **Caracas, Venezuela**
46. 2006 Sympathetic nervous system and Acceleration of Energy Expenditure: The promise to fulfill. X National Venezuelan Congress of Endocrinology and Metabolism. V Federation

of Latin American Societies of Obesity (FLASO) Pan American Obesity Course. **Porlamar, Venezuela 2006.**

NATIONAL (VENEZUELA) INVITED LECTURES (293)

1. 1997 Levels of Lipids, Lipoproteins and Other Indicators in University Athletes of Different Sports Disciplines. VII National Congress of Physical Education, Sports and Applied Sciences. San Felipe, Venezuela. November 1997.
2. 2000 Nutritional Evaluation of The Hospitalized Patient. Hospital Central Antonio María Pineda Meeting. Barquisimeto, Venezuela. 2000
3. 2000 Metabolic and Nutritional Support Unit Project HC "AMP" -UCLA. Presentation before the Deanship Council of The School of Medicine of The Centrocidental University Lisandro Alvarado. Barquisimeto, Venezuela 2000.
4. 2001 Nutritional-Metabolic Support Unit: Optimizing Patient Care. Venezuelan Society of Parenteral and Enteral Nutrition Congress. Regional Conferences. Barquisimeto, Venezuela 2001.
5. 2001 Prevention in Internal Medicine. Postgraduate Seminars of Internal Medicine. Barquisimeto, Venezuela 2001
6. 2001 Nutritional Support in Trauma. Venezuelan Society of Parenteral and Enteral Nutrition Regional Meeting. Barquisimeto, Venezuela 2001.
7. 2002 Physiology of Pancreatic Secretion. Conference of Graduate Students of Internal Medicine. Barquisimeto, Venezuela 2002.
8. 2002 Nutritional Management of Acute Pancreatitis. Conference of Graduate Students of Internal Medicine. Barquisimeto, Venezuela 2002.
9. 2002 Nutritional Management of Patients with Hypertension and Dyslipidemia. Lecture for Residents (Merck Sharp and Dome). Barquisimeto, Venezuela 2002.
10. 2002 Nutritional Supplements: A Critical Appraisal. Venezuelan Association for The Study of Obesity (AVESO) Meeting. Barquisimeto, Venezuela 2002.
11. 2002 Prospective Evaluation of The Metabolic Nutritional Status of Diabetic Patients During Hospitalization. "Antonio María Pineda" Central University Hospital. Barquisimeto, Venezuela 2002.
12. 2002 Nutritional Status of Hospitalized Diabetic Patients. Medicine Deanship of UCLA. Barquisimeto, Venezuela 2003
13. 2003 Hospital Malnutrition: Research at the "Antonio Maria Pineda" University Hospital. Presentation to The Board of Directors of The Hospital. Barquisimeto, Venezuela 2003.
14. 2003 Evaluation and Nutritional Management in The Diabetic Patient. XXVII Razetti Scientific Conference. Barquisimeto, Venezuela 2003
15. 2003 Acute Pancreatitis. Graduate Students of Internal Medicine Meeting. Department of Medicine. "Antonio María Pineda" Central Hospital. Barquisimeto, Venezuela 2003.

16. 2003 Impact of Nutrition and Exercise on Medical Pathologies of The Adult. Internal Medicine Seminars. Barquisimeto, Venezuela 2003.
17. 2003 Obesity in The Adult: Current Management. Venezuelan Association for The Study of Obesity (AVESO), 1st Western-Central Symposium, Barquisimeto, Venezuela 2003.
18. 2003 Gastrointestinal Physiology and Enteral Nutrition. Barquisimeto, Venezuela 2003.
19. 2003 Thermogenesis: Practical Evaluation in The Obese Patient. Venezuelan Association for The Study of Obesity (AVESO), 1st Western-Central Symposium. Barquisimeto, Venezuela 2003.
20. 2003 Evaluation and Nutritional Management in The Diabetic Patient. XXVII Razetti Scientific Conference. Barquisimeto, Venezuela 2003.
21. 2004 Obesity: Am I Just Fat or Sick? Iii National Meeting on Obesity. Barquisimeto, Venezuela 2004.
22. 2004 Cholesterol, Nutrition and Cardiovascular Disease. Fudeco Conference. Barquisimeto, Venezuela 2004.
23. 2004 Nutrition in The Diabetic Patient. Barquisimeto, Venezuela 2004.
24. 2004 Clinical Case: Ulcerative Recto colitis. Clinical Meeting of The Venezuelan Society of Gastroenterology. Barquisimeto, Venezuela 2004.
25. 2004 Nutritional Supplements: Critical Judgment. University Sports Symposium. Universidad Centroccidental Lisandro Alvarado. Barquisimeto, Venezuela 2004.
26. 2004 Nutrition And Diabetes. Diabetes Course Ascardio Barquisimeto, Venezuela 2004.
27. 2004 Nutrition in The Cancer Patient. Barquisimeto, Venezuela 2004.
28. 2004 Nutrition and Cardiovascular Disease. Xx Symposium of Graduates "Dr. Hebert Ramírez Parrilla ". Barquisimeto, Venezuela 2004.
29. 2004 Nutritional Supplements in Weight Control: Critical Judgment. Barquisimeto, Venezuela 2004.
30. 2005 Metabolic Syndrome: Five Questions and Their Answers. Adventist Congress of Health Professionals. Diet and Cardiovascular Disease. Barquisimeto, Venezuela 2005.
31. 2005 Benefits of Exercise in The Overweight Patient. Barquisimeto, Venezuela 2005.
32. 2005 Obesity as A Cardiovascular Risk Factor: Current Management. Update Symposium in Endocrinology. Endocrinology and Metabolism Venezuelan Society. Western-Central Chapter. Barquisimeto, Venezuela 2005.
33. 2005 Nutrition After 40. Conferences of The Department of Internal Medicine of the "Antonio María Pineda" Central Hospital. Universidad Centroccidental Lisandro Alvarado. Barquisimeto, Venezuela 2005.
34. 2005 The Ideal Human Diet: History and Evidence. Adventist Congress of Health Professionals. Diet and Cardiovascular Disease. Barquisimeto, Venezuela 2005.

35. 2005 Cardioprotective Diet and Nutrients: History and Evidence. National Venezuelan Congress of Nutritionists and Dieticians. Merida, Venezuela 2005.
36. 2005 Cardioprotective Diet and Nutrients: History and Evidence. Polar Industries Conferences. Valencia, Venezuela 2005.
37. 2005 Cardioprotective Diet and Nutrients: History and Evidence. XXXVIII Venezuelan Congress of Cardiology. Margarita, Venezuela 2005
38. 2005 The Ideal Human Diet: History and Evidence. IV National Congress. Venezuelan Society for The Study of Obesity. Caracas, Venezuela 2005.
39. 2005 What We All Need to Know About Obesity? Conference Policlínica Barquisimeto. Barquisimeto, Venezuela 2005.
40. 2005 Nutritional Strategy as An Anti-Infective Therapy: Immuno-Nutrition. XII Central Western Meeting of Infectiology. Barquisimeto, Venezuela 2005.
41. 2005 Metabolic-Nutritional Support in Trauma. Satellite Symposium Venezuelan Society of Parenteral and Enteral Nutrition, SVNPE. San Felipe, Venezuela 2005.
42. 2005 Metabolic-Nutritional Support in Trauma: Immuno-Nutrition. Vi Chapter Meeting. Venezuelan Society of Parenteral and Enteral Nutrition, SVNPE. San Felipe, Venezuela 2005.
43. 2005 Nutritional Supplements in Weight Control. Ii Symposium of Sports Medicine School of Medicine. Universidad Centrocidental Lisandro Alvarado. Barquisimeto, Venezuela 2005.
44. 2005 Metabolic-Nutritional Assessment of The Obese Patient. III Venezuelan Society for The Study of Obesity Symposium. Maracaibo, Venezuela 2005
45. 2006 The Practical and The New in The Treatment of Dyslipidemia. V National Congress of General Medicine. Barquisimeto, Venezuela 2006.
46. 2006 Etiopathogenesis, Energy Balance and Body Composition in Obesity. Interdisciplinary Obesity Course. AVESO Caracas, 2006.
47. 2006 Introduction and Objectives of the CIO. Interdisciplinary Obesity Course. AVESO Maracaibo, 2006
48. 2006 Energy Balance and Body Composition in Obesity. Interdisciplinary Obesity Course. AVESO Maracaibo, Venezuela 2006
49. 2006 Diagnosis and Treatment of Comorbidities (Metabolic Syndrome, Arterial Hypertension, Vascular Brain Disease, Dyslipidemia). Interdisciplinary Obesity Course. AVESO Maracaibo, Venezuela 2006
50. 2006 Energy Balance and Body Composition in Obesity. Interdisciplinary Obesity Course. AVESO Valencia, Venezuela 2006.
51. 2006 Comorbidities I: Metabolic Syndrome, Arterial Hypertension and Dyslipidemia. Interdisciplinary Obesity Course. AVESO Valencia, Venezuela 2006.

52. 2006 Regulation of The Energy Balance: Reinterpreting the First Law of Thermodynamics. Physiology Reviews Club. Universidad Centroccidental "Lisandro Alvarado". Barquisimeto, Venezuela 2006.
53. 2006 Cardiovascular Comorbidities of Obesity: What They Are and How to Treat Them? II Anniversary of the Inauguration of the Laboratory of Sleep, Metabolism and Exercise. Barquisimeto, Universidad Centroccidental "Lisandro Alvarado". Venezuela 2006.
54. 2006 Is There an Ideal Diet of The Obese? Evidence and Practical Aspects. II Western Conference of Internal Medicine. Venezuelan Society of Internal Medicine. Merida, Venezuela 2006.
55. 2006 The Classic and The New in The Treatment of Dyslipidemia. Congress of General Practitioners. Barquisimeto Hilton. Barquisimeto, Venezuela 2006.
56. 2006 Treatment of The Metabolic Syndrome: How to Harmonize Diet-Therapy and Drug-Therapy. XXXIX Venezuelan Congress of Cardiology. Caracas, Venezuela 2006.
57. 2006 Treatment of Metabolic Syndrome and prediabetes. II Western Conference of Internal Medicine. Venezuelan Society of Internal Medicine. Merida, Venezuela 2006.
58. 2006 Obesity and its comorbidities: Do they increase after menopause? V International Congress of Menopause and Osteoporosis. FUVEMO Caracas, Venezuela, 2006.
59. 2006 Obesity and Metabolic Syndrome: Particularities in Heart Failure. Meeting of the Venezuelan Society of Cardiology. Caracas, Venezuela 2006.
60. 2006 Obesity in children and adolescents: An increasing epidemic. Barquisimeto, Venezuela 2006.
61. 2006 Cardiovascular risk factors: Identification for prevention since childhood. X National Congress of Nutritionists and Dieticians of Venezuela. Caracas, Venezuela 2006.
62. 2007 The Mediterranean diet: Evidence and applicability in the outpatient clinic. XL Venezuelan Congress of Cardiology. Caracas, Venezuela 2007.
63. 2007 The practical and the new in the treatment of dyslipidemia. XIII Controversies "Dr. José E. Moros Guedez ". Hotel Barquisimeto Hilton. Barquisimeto, Venezuela 2007.
64. 2007 Mediterranean diet: Is it the best option? Venezuelan Society of Endocrinology and Metabolism. Merida, Venezuela 2007.
65. 2007 How to reduce the adverse cardiovascular profile? Dietary strategies. II Mayo Clinic International Symposium -Ascardio. Barquisimeto, Venezuela 2007.
66. 2007 Pharmacological options in the treatment of obesity. II International Symposium Mayo Clinic -Ascardio. Barquisimeto, Venezuela 2007.
67. 2007 Prediabetes: What's behind the name? State of the art in diabetes prevention. XIII Controversies "Dr. José E. Moros Guedez "Hotel Barquisimeto Hilton. Barquisimeto, Venezuela 2007.
68. 2007 The Practical and The New in The Treatment of Dyslipidemia. XIII Controversies "Dr. José E. Moros Guedez "Hotel Barquisimeto Hilton. Barquisimeto, Venezuela 2007.
69. 2007 Reduction of cardiovascular risk in the obese patient: Effect of diet and pharmacotherapy. II Anniversary Cardiology Clinic. Preventive cardiology. Guanare, Venezuela 2007.

70. 2007 4th Latin American Acomplaia® Advisory Board Meeting Report. Argentina, 2007.
71. 2007 The practical and the new in the treatment of dyslipidemia. XIII Controversies "Dr. José E. Moros Guedez "Hotel Barquisimeto Hilton, Venezuela 2007.
72. 2007 Treatment of dyslipidemia: Harmonizing diet and pharmacotherapy. Ascardio Cardiovascular Association Meeting. Barquisimeto, Venezuela 2007.
73. 2007 Treatment of dyslipidemia: The reason for the interventions. Meeting with Postgraduate Residents of Internal Medicine. Barquisimeto, Venezuela 2007.
74. 2007 Treatment of dyslipidemia: Harmonizing diet and pharmacotherapy. Dinner MSD Conference. Valera, Venezuela 2007.
75. 2007 Vegetarianism, glycemic index and calorie count: Pure salad in the ADA (American Diabetes Association). ECOS of the ADA. Caracas, Venezuela 2007.
76. 2007 How to reduce the adverse cardiovascular profile? Dietary strategies General Medicine Congress. Barquisimeto, Venezuela 2007.
77. 2007 Healthy foods for children and the family. Las Colinas High School, Barquisimeto, Venezuela 2007.
78. 2007 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. Venezuelan Association for the Study of Obesity. Barquisimeto, Venezuela 2007.
79. 2007 Nutritional intervention and weight maintenance strategies in Obesity. Interdisciplinary Obesity Course. Venezuelan Association for the Study of Obesity. Barquisimeto, Venezuela 2007.
80. 2007 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. Venezuelan Association for the Study of Obesity. Puerto La Cruz, Venezuela 2007.
81. 2007 Nutritional intervention and weight maintenance strategies in Obesity. Interdisciplinary Obesity Course. Venezuelan Association for the Study of Obesity. Puerto La Cruz, Venezuela 2007.
82. 2008 Combating Cardiometabolic Risk: Summary Update. Second Interactive Meeting of Opinion Leaders. Hotel Meliá. Caracas, Venezuela 2008
83. 2008 Blockade of the endocannabinoid system: A new strategy for cardiovascular prevention. National Congress of Preventive Cardiology. Caracas, Venezuela 2008.
84. 2008 Effect of metformin and lifestyle changes on body weight in high-risk school children and adolescents: African American race and metabolic syndrome as predictors of weight loss. Dissertation for promotion work to the category of Associate Professor at Universidad Centroccidental Lisandro Alvarado. Barquisimeto, Venezuela 2008.
85. 2008 Venezuelan Study of Metabolic Syndrome, Obesity and Lifestyle (VEMSOLS): Training to work team. Merida, Venezuela 2008
86. 2008 Nutrition in rheumatic diseases. Presentation to the Venezuelan Society of Rheumatology. Dinner Conference Abbott Nutrition. Valencia, Venezuela 2008.

87. 2008 Exploring concepts and strategies emerging in obesity. ECOS of the ADA. Caracas, Venezuela 2008.
88. 2008 Obesity in women. Meeting of the Department of Gynecology and Obstetrics. Hospital "Placido Rodríguez Rivero". San Felipe, Venezuela 2008.
89. 2008 Obesity and cardiometabolic risk in adults: Recommendations. Jornadas Clínica Santa Cruz. College of Physicians. Barquisimeto, Venezuela 2008.
90. 2008 Endocannabinoid system: An introduction to the topic. Venezuelan Congress of Preventive Cardiology. Caracas, Venezuela 2008.
91. 2008 Endocannabinoid System: How Does Your Block Decrease Cardiometabolic Risk? Dinner Conference. Sanofi-Aventis Laboratory. Barquisimeto, Venezuela 2008.
92. 2008 Syndrome Metabolic: Just a matter of nutrition? Venezuelan Congress of Endocrinology. AVESO Caracas, Venezuela 2008.
93. 2008 Healthy foods for children and the family. Las Colinas High School. Barquisimeto, Venezuela 2008.
94. 2008 Treatment of the Syndrome metabolic: Update summarized Symposium of the Central Hospital Luis Razetti. Barinas, Venezuela 2008.
95. 2008 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. AVESO Valencia, Venezuela 2008.
96. Comorbidities I: From prediabetes to diabetes. Evaluation of insulin resistance. Valencia, Venezuela 2008.
97. 2008 Obstructive sleep apnea syndrome. Valencia, Venezuela 2008.
98. 2008 Nutritional support in the patient with pancreatitis. XV Venezuelan Congress of Internal Medicine. Porlamar, Venezuela 2009.
99. 2009 Nutritional support in the patient with pancreatitis. XII National Congress of the SVNPE. Caracas, 2009.
100. 2009 Optimizing the nutritional management in diabetes. Dinner conference Abbott Nutrition Laboratory. Maturín, Venezuela 2009.
101. 2009 Importance of the nutritional evaluation. Nutritional Support Workshop. XVI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2010.
102. 2009 Metabolic syndrome as a predictor of cardiovascular risk. Ascardio days. Barquisimeto, Venezuela 2009.
103. 2009 Diet and cardiovascular risk. Venezuelan Congress of Cardiology. Maracaibo, Venezuela 2009
104. 2009 Gluco-centric vs. Weight-centric approach in the treatment of diabetes. ECOS of the ADA. Caracas, Venezuela 2008.
105. 2009 Benefits of therapy with DPP4 inhibitors in the new weight-centric approach of diabetes treatment. Dinner Conference. Novartis Laboratory. Caracas, Venezuela 2009.

106. 2009 Nutritional habits and risk factors. Talks for patients. Headquarters of the UCLA Deanship of Medicine. Barquisimeto, Venezuela 2009.
107. 2009 Nutritional support in the patient with pancreatitis. XIII National Congress of Nutritionists and Dieticians Caracas, Venezuela 2009.
108. 2009 Weight-centric approach of diabetes treatment. Diabetes Symposium. Scientific Conferences of the Dean of Health Sciences. UCLA Barquisimeto, Venezuela 2009.
109. 2009 Special aspects in the treatment of diabetic patients with Obesity. 1st Congress of Obesity, Metabolic Syndrome and Prediabetes. Caracas, Venezuela 2009.
110. 2009 Obstructive sleep apnea. 1st Congress of Obesity, Metabolic Syndrome and Prediabetes. Caracas, Venezuela 2009.
111. 2009 Special aspects in nutrition and metabolism in pregnancy. Gynecology and Obstetrics Service. Central Hospital "Antonio María Pineda". Barquisimeto, Venezuela 2009.
112. 2009 Treatment of Obesity and its comorbidities: Clinical case. SVEM Andean Chapter. Merida, Venezuela 2009.
113. 2009 Exercise in Diabetes: Summary of the ADA. The Science of Exercise and Hydration. Barquisimeto, Venezuela 2009.
114. 2009 Etiopathogenesis of Obesity. Regulation of the energy balance. Barquisimeto, Venezuela 2009.
115. 2009 Program of the Basic Obesity Interdisciplinary Course. AVESO Coro, Venezuela 2009.
116. 2009 Comorbidities II: Metabolic syndrome, arterial hypertension and dyslipidemia. Interdisciplinary Obesity Course. AVESO Coro, Venezuela 2009.
117. 2009 Comorbidities III: Obstructive sleep apnea syndrome. Interdisciplinary Obesity Course. AVESO Coro, Venezuela 2009.
118. 2009 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. AVESO Maracaibo, Venezuela 2009.
119. 2009 Comorbidities II: From prediabetes to diabetes. Interdisciplinary Obesity Course. AVESO Maracaibo, Venezuela 2009.
120. 2009 Comorbidities III: Obstructive sleep apnea syndrome. Interdisciplinary Obesity Course. AVESO Maracaibo, Venezuela 2009.
121. 2009 Questions and Discussion of clinical case. Interdisciplinary Obesity Course. AVESO Maracaibo, Venezuela 2009.
122. 2009 Nicotinic acid: New molecule in the treatment of dyslipidemia, launch of the Niaspan® Product. Abbott Laboratories. Barquisimeto, Venezuela 2009.
123. 2009 Metabolic syndrome: a diagnosis in crisis? Update meetings. UCLA Barquisimeto, Venezuela 2009.
124. 2009 Racial Disparity in Glucagon-like Peptide (GLP-1) and inflammation markers in severely obese adolescents. Seminar cycle of human physiology. Barquisimeto, Venezuela 2009.

125. 2010 Role of exercise in the treatment of diabetes. Course of Diabetes mellitus. Maracaibo, Venezuela 2010.
126. 2010 Nutrition in special situations. Nutritional Support Workshop. XVI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2010.
127. 2010 Diabetes: New therapeutic approach. V Conference on Nutrition, Obesity and Metabolism. Barquisimeto, Venezuela 2009.
128. 2010 Healthy food for the child and the family. Rio Claro School. Barquisimeto, Venezuela 2010.
129. 2010 Role of exercise in the treatment of type 2 diabetes. Course of Diabetes Mellitus. Maracaibo, Venezuela 2010.
130. 2010 Changes in lifestyle and importance of nutritional treatment in Diabetes Mellitus type 2. Course of Diabetes Mellitus. Maracaibo, Venezuela 2010.
131. 2010 What should we learn from the main prospective studies in diabetes? Central Hospital "Antonio María Pineda". Barquisimeto, Venezuela 2010.
132. 2010 What We Have Learned from the Major Prospective Studies in Diabetes? VII Basic Course of Diabetes Education. Barquisimeto, Venezuela 2010.
133. 2010 Is it possible to control the risk factors and prevent diabetes? Workshop on the practical management of Diabetes. FENADIABETES. Barquisimeto, Venezuela 2010.
134. 2010 New therapeutic approach to diabetes. XVI Congress of the Venezuelan Society of Internal Medicine. Roche Laboratory. Caracas, Venezuela 2010.
135. 2010 Venezuelan Study of Metabolic Syndrome, Obesity and Lifestyle (VEMSOLS). Venezuelan Cardiometabolic Health Study (EVESCAM). XVI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2010.
136. 2010 Physical activity in the prevention and treatment of diabetes. XVI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2010
137. 2010 Importance of the nutritional evaluation. Nutritional Support Workshop. XVI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2010.
138. 2010 Nutrition in special situations. Nutritional Support Workshop. XVI Congress of the Venezuelan Society of Internal Medicine Caracas, Venezuela 2010.
139. 2010 Validity and controversies of the metabolic syndrome. Days of Ascardio - Mayo Clinic. Barquisimeto, Venezuela 2010.
140. 2010 Importance of nutritional support in patients with HIV. Nutritional Support Workshop. XVI Congress of the Venezuelan Society of Internal Medicine Caracas, Venezuela 2010.
141. 2010 New therapeutic objectives to reduce the incidence of cerebral-vascular disease in type 2 diabetes. Conference dinner. Barquisimeto, Venezuela 2010.
142. 2010 Insulin therapy: Why, when and how? Punto Fijo, Venezuela 2010.

143. Nutrition in Pancreatitis. 1st National Scientific Update Day in nutrition. Caracas, Venezuela 2010.
144. 2010 Obesity: A look at the integrated physiology of the adipocyte and its modulators. IX ECOS of the ADA. Caracas, Venezuela 2010.
145. 2010 Why do we gain weight? Genetics or Environment 2nd Venezuelan Congress of Obesity, Metabolic Syndrome and Prediabetes. AVESO Caracas, Venezuela 2010.
146. 2010 Obesity and Obstructive Sleep Apnea: A high risk duo. 2nd Venezuelan Congress of Obesity, Metabolic Syndrome and Prediabetes. AVESO Caracas, Venezuela 2010.
147. 2010 New inhibitors of DPP-4: Advantages in the treatment of type 2 diabetes. IV Western Conference "Dr. José E. Moros Guédez ". Barquisimeto, Venezuela 2010.
148. 2010 When and how to properly use nutritional support formulas? IV Western Conference "Dr. José E. Moros Guédez ". Barquisimeto, Venezuela 2010.
149. 2010 Optimizing the nutritional therapy in the patient with diabetes. 2nd National Scientific Update Day in nutrition. Valencia, Venezuela 2010.
150. 2010 Physical activity in the prevention and treatment of diabetes. Guidelines 2010. 1st Congress of Exercise, Wellness and Lifestyle. Barquisimeto, Venezuela 2010.
151. 2010 Venezuelan Cardiometabolic Health Study (EVESCAM). 1st Meeting. Caracas, Venezuela 2010.
152. 2010 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. AVESO Barquisimeto, Venezuela 2010.
153. 2010 Comorbidities II: From prediabetes to diabetes. Interdisciplinary Obesity Course. AVESO Barquisimeto, Venezuela 2010.
154. 2010 Bariatric Surgery in Obesity. Interdisciplinary Obesity Course. AVESO Barquisimeto, Venezuela 2010.
155. 2010 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. AVESO Caracas, Venezuela 2010.
156. 2010 Comorbidities III: Obstructive sleep apnea syndrome. Interdisciplinary Obesity Course. AVESO Caracas, Venezuela 2010.
157. 2011 Metabolic Syndrome: Is it greater than the sum of its parts? Meeting of experts. Pfizer Laboratories Caracas, Venezuela 2011.
158. 2011 Clinical evidence with the use of Nicotinic Acid. 1st meeting on the management of cardiovascular risk. Isla de Coche, Venezuela 2011.
159. 2011 Metabolic and nutritional modifications of bariatric surgery. Venezuelan Society of Gastroenterology. Barquisimeto, Venezuela 2011.
160. 2011 HDL Elevation: The forgotten goal. Venezuelan Society of Preventive Cardiology. IX Symposium on Cardiovascular Prevention. Caracas, Venezuela 2011.
161. 2011 Metabolic Syndrome: Is it greater than the sum of its parts? VI Scientific Conference of the Deanship of Health Sciences. Barquisimeto, Venezuela 2011.

162. 2011 Metabolic Syndrome: Prevalence and implications. National Day of Scientific Update in nutrition. Maracaibo, Venezuela 2011.
163. 2011 Optimizing the nutritional therapy in the patient with diabetes. National Day of Scientific Update in nutrition. Maracaibo, Venezuela 2011.
164. 2011 Venezuelan Study of Metabolic Syndrome, Obesity and lifestyle (VEMSOLS). Venezuelan Cardiometabolic Health Study. (EVESCAM). XVII Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2011.
165. 2011 Timely Insulin Initiation Symposium Treatment for Type 2 Diabetes Why wait? XVII Venezuelan Congress of Internal Medicine. Caracas, Venezuela 2011.
166. 2011 Optimizing the nutritional therapy in the patient with diabetes. XVII Venezuelan Congress of Internal Medicine. Caracas, Venezuela 2011.
167. 2011 Venezuelan Cardiometabolic Health Study (EVESCAM). XVII Venezuelan Congress of Internal Medicine. Caracas, Venezuela 2011.
168. 2011 Treatment of atherogenic dyslipidemia: Importance of HDL. 1st Joint Congress: Endocrinology, Metabolism, Diabetes and obesity. X Latin American Congress of obesity. Maracaibo, Venezuela 2011.
169. 2011 Making timely decisions in the treatment of diabetes. Clinical case. Dinner conference of Sanofi Aventis Laboratories. Barquisimeto, Venezuela 2011.
170. 2011 International Diabetes Management Practices Study. Scientific Presentation Wave 5. Caracas, Venezuela 2011.
171. 2011 Cardiometabolic disease in menopause. II Razetti Clinical Congress. Barquisimeto, Venezuela 2011.
172. 2011 Role of exercise in the treatment of type 2 diabetes. Gatorade Congress Sports Sciences Institute. Polar Industries Headquarters. Caracas, Venezuela 2011.
173. 2011 Natural history of cardiometabolic risk: Impact of nutritional intervention. 1st National Scientific Update on Nutrition. Caracas, Venezuela 2011.
174. 2011 Nutrition specialized in diabetes: Mechanisms and effect in glycemic control. 1st National Scientific Update on Nutrition. Caracas, Venezuela 2011.
175. 2011 Nutritional metabolic support unit: Optimizing the care of the hospitalized patient. International Hospital Barquisimeto. Barquisimeto, Venezuela 2011.
176. 2011 Prevalence of arterial hypertension and dyslipidemias in adults of Páramo del Estado Mérida and its relationship with Obesity. Preliminary results of the VEMSOLS Study. Dissertation to opt to be a member of the Venezuelan Society of Endocrinology and Metabolism. Caracas, Venezuela 2011.
177. 2011 Natural history of cardiometabolic risk: Impact of nutritional intervention. National Day of Scientific Update in Nutrition. Barquisimeto, Venezuela 2011.
178. 2011 Nutrition specialized in diabetes: Mechanisms and effect in glycemic control. 1st National Scientific Update on Nutrition. Barquisimeto, Venezuela 2011.

179. 2011 Natural history of cardiometabolic risk: Impact of nutritional intervention. National Day of Scientific Update in Nutrition. Merida, Venezuela 2011.
180. 2011 Nutrition specialized in diabetes: Mechanisms and effect in glycemic control. 1st National Scientific Update on Nutrition. Merida, Venezuela 2011.
181. 2011 Basic concepts of obesity. Interdisciplinary Obesity Course. AVESO Caracas, Venezuela 2011.
182. 2011 Etiopathogenesis of Obesity. Regulation of the energy balance. Interdisciplinary Obesity Course. AVESO Caracas, Venezuela 2011.
183. Comorbidities III: Obstructive sleep apnea syndrome. Interdisciplinary Obesity Course. AVESO Caracas, Venezuela 2011.
184. 2012 Why, when and how to treat Prediabetes. 3rd Congress of Obesity, Prediabetes and Metabolic Syndrome. AVESO Caracas, Venezuela 2012.
185. 2012 Interactive meeting Consultations and / or Obesity Units. 1st interactive meeting Units and Obesity Consultations. Congress of Obesity, Prediabetes and Metabolic Syndrome. Caracas, Venezuela 2012.
186. 2012 Inhibitors of DPP-4: Similarities and differences. Vildagliptin: Details of binding to the receptor. Mini Expert Meeting. Novartis Laboratory. Barquisimeto, Venezuela 2012.
187. 2012 Intervention with metformin in Prediabetes and early stages of diabetes. IX Congress of the Venezuelan Society of Endocrinology and Metabolism. Valencia, Venezuela 2012.
188. 2012 Prediabetes and metabolic syndrome. Diabetes Course FENADIABETES. Barquisimeto, Venezuela 2012
189. 2012 What is the methodology of the Venezuelan Cardiometabolic Health Study (EVESCAM)? Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2012.
190. 2012 Niacin in dyslipidemia: Pathophysiology and history of scientific evidence. Ascardio days. Barquisimeto, Venezuela 2012.
191. 2012 Inhibitors of DPP-4: Similarities and differences. Ascardio days. Barquisimeto, Venezuela 2012.
192. 2012 Transcultural Algorithm for medical nutrition therapy in prediabetes and diabetes (PATH). III FENADIABETES Congress. Caracas, Venezuela 2012.
193. 2012 Role of exercise in the treatment of type 2 diabetes. 5th Workshop Decisions in Diabetes. Clinic Razetti. Barquisimeto, Venezuela 2012.
194. 2012 Modulation of incretins and their benefit in the treatment of type 2 diabetes. 5th Diabetes Decisions Workshop. Clinic Razetti. Barquisimeto, Venezuela 2012.
195. 2012 Transcultural Algorithm for medical nutrition therapy in prediabetes and diabetes (PATH). Echoes Congress of the American Diabetes Association (ADA) Philadelphia. Caracas, Venezuela 2012.

196. 2012 Metformin: Evidence to 2012... Why, when and how to state it? Echoes Congress of the American Diabetes Association (ADA) Philadelphia. Caracas, Venezuela 2012.
197. 2012 Metabolic Syndrome: Endocrine aspects. 1st National Congress of Clinical Health "Acosta Ortiz". Barquisimeto, Venezuela 2012.
198. 2012 Transcultural Algorithm for medical nutrition therapy in prediabetes and diabetes (PATH). XVI National Scientific Congress of Nutritionists and Dieticians. Barquisimeto, Venezuela 2012.
199. 2012 Inhibitors of DPP 4: Saxagliptin a new protagonist. Breakfast conference. Laboratory Astra Zeneca and Bristol Myers. Caracas, Venezuela 2012.
200. 2012 Validation of the FINDRISC Score as a screening tool for people with impaired glucose regulation in Latin America using modified regional cut-off points for waist circumference. 7th World Congress on Prevention of Diabetes and its Complications. Madrid, Spain 2012.
201. 2012 Inhibitors of DPP 4: Saxagliptin a new protagonist. Dinner conference and clinical discussion. Laboratory Astra Zeneca and Bristol Myers. Barquisimeto, Venezuela 2012.
202. 2012 Renal safety of Vildagliptin. Article discussion. Novartis Laboratory. Barquisimeto, Venezuela 2012.
203. 2012 Inhibitors of DPP4 vs Metformin \pm Sulfonylureas in diabetes: Review Train the trainers. Lilly laboratory / Boehringer Ingelheim. Caracas, Venezuela 2012.
204. 2012 What is the methodology of the Venezuelan Cardiometabolic Health Study (EVESCAM)? Presentation for Novartis Laboratories. Caracas, Venezuela 2012.
205. 2012 Introduction and Objectives of the Interdisciplinary Course of Obesity and Diabetes. Interdisciplinary Course of Obesity and Diabetes. AVESO Puerto Ordaz, Venezuela 2012.
206. 2012 Etiopathogenesis: From Obesity to diabetes. Regulation of the energy balance. Regulation of glucose homeostasis. Interdisciplinary Course of Obesity and Diabetes. AVESO Puerto Ordaz, Venezuela 2012.
207. 2012 Common Comorbidities in Obesity and Diabetes: Obstructive sleep apnea syndrome. Interdisciplinary Course of Obesity and Diabetes. AVESO Puerto Ordaz, Venezuela 2012.
208. 2012 Changes in lifestyle and pharmacotherapy in Obesity and Prediabetes. Interdisciplinary Course of Obesity and Diabetes. AVESO Puerto Ordaz, Venezuela 2012.
209. 2012 Transcultural Algorithm for medical nutrition therapy in prediabetes and diabetes (PATH). III FENADIABETES Congress. Caracas, Venezuela 2012.
210. 2012 Inhibitors of DPP-4: Similarities and differences. Vildagliptin: Details of binding to the receptor. Mini Expert Meeting Laboratory Novartis. Barquisimeto, Venezuela 2012.
211. 2013 Inhibitors of DPP 4: Saxagliptin a new protagonist. Dinner conference and clinical discussion. Laboratory Astra Zeneca and Bristol Myers. Valencia, Venezuela 2013.
212. 2013 Prediabetes and metabolic syndrome. Diabetes Course FENADIABETES - ALAD. Barquisimeto, Venezuela 2013.

213. 2013 BMI vs. abdominal circumference vs. body fat percentage: Which predicts the risk improves? Congress of the Venezuelan Society of Endocrinology and Metabolism. Caracas, Venezuela 2013.
214. 2013 Fructose, uric acid and type 2 diabetes. Congress of the Venezuelan Society of Preventive Cardiology. Caracas, Venezuela 2013.
215. 2013 Algorithm of nutritional medical therapy in Prediabetes and Diabetes: Adaptation to Venezuela. Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2013.
216. 2013 Utility of an Algorithm in the proper decision of Bariatric Surgery. Diabetesity Congress (FENADIABETES -AVESO). Caracas, Venezuela 2013.
217. 2013 Diabetesity Congress. Symposium: successful decisions in the treatment of diabetes. Sanofi Laboratory. Caracas, Venezuela 2013.
218. 2013 Prevention of diabetes: Lifestyle Diabetesity Congress. FENADIABETES - AVESO. Barquisimeto, Venezuela 2013.
219. 2013 Is the Metabolic Syndrome an epidemic in development in Venezuela? Congress of the Venezuelan Society of Cardiology. Caracas, Venezuela 2013.
220. 2013 Clinical case 3. 3rd National Day of Scientific Update in Nutrition. Abbott Laboratories. Caracas, Venezuela 2013.
221. 2013 Is the Metabolic Syndrome an epidemic in development in Venezuela? Congress of the Venezuelan Society of cardiology. Caracas, Venezuela 2013.
222. 2013 Cardiovascular, renal, hepatic and pancreatic safety of Vildagliptin. Novartis Laboratory. Barquisimeto, Venezuela 2013.
223. 2013 Basic insulin initiation exercises: Putting the evidence into practice. Dinner conference Novo-Nordisk Laboratory. Barquisimeto, Venezuela 2013.
224. 2013 Algorithm for the detection and treatment of Prediabetes and Diabetes: Adaptation to Venezuela. Multidisciplinary Management of Diabetes Mellitus. Barquisimeto, Venezuela 2013.
225. 2013 Basic insulin initiation exercises: Putting the evidence into practice. Dinner conference Novo-Nordisk Laboratory. Razetti Clinic. Barquisimeto, Venezuela 2013.
226. 2013 Effectiveness of DPP4 inhibitors in glycemic control and cardiovascular protection. III Cardio-metabolic Academy. Barquisimeto, Venezuela 2013.
227. 2013 Type 2 Diabetes: Summary of the 2013 guidelines. V National General Medicine Conference SOVEMEG 2013. Barquisimeto, Venezuela 2013.
228. 2013 Algorithm of nutritional medical therapy in Prediabetes and Diabetes: Adaptation to Venezuela. Congress of the Venezuelan Society of Endocrinology and metabolism. Caracas, Venezuela 2013.
229. 2013 Detection and early intervention in Prediabetes. Basic concepts in Obesity and Diabetes: Definition, Epidemiology, Clinical. Interdisciplinary Course of Obesity and Diabetes. AVESO Barquisimeto, Venezuela 2013.

230. 2013 Etiopathogenesis: From Obesity to diabetes. Regulation of the energy balance. Regulation of glucose homeostasis. Interdisciplinary Course of Obesity and Diabetes. AVESO Barquisimeto, Venezuela 2013.
231. 2013 Common Comorbidities in Obesity and Diabetes: Obstructive sleep apnea syndrome. Interdisciplinary Course of Obesity and Diabetes. AVESO Barquisimeto, Venezuela 2013.
232. 2013 Timely insulin initiation: how and when. Interdisciplinary Course of Obesity and Diabetes. AVESO Barquisimeto, Venezuela 2013.
233. 2013 Basic concepts in Obesity and Diabetes: Definition, Epidemiology, Clinical. Interdisciplinary Course of Obesity and Diabetes. AVESO Maracaibo, Venezuela 2013.
234. 2013 Etiopathogenesis: From Obesity to diabetes. Regulation of energy balance and glucose homeostasis. Interdisciplinary Course of Obesity and Diabetes. AVESO Maracaibo, Venezuela 2013.
235. 2013 Common co-morbidities: Obstructive sleep apnea syndrome. Interdisciplinary Course of Obesity and Diabetes. AVESO Maracaibo, Venezuela 2013.
236. 2013 Nutritional intervention in Obesity and Diabetes. Interdisciplinary Course of Obesity and Diabetes. AVESO Maracaibo, Venezuela 2013.
237. 2013 Timely insulin initiation: When and how? Interdisciplinary Course of Obesity and Diabetes. AVESO Maracaibo, Venezuela 2013.
238. 2014 Repositioning Metformin in the Metabolic Syndrome. XII Latin American Obesity Congress FLASO / ALAD / AMEO / FECCOM. Mexico City, Mexico 2014.
239. 2014 An algorithm to implement lifestyle changes in Obesity, Prediabetes and Diabetes. XII Latin American Obesity Congress FLASO / ALAD / AMEO / FECCOM. Mexico City, Mexico 2014.
240. 2014 Workshop on risk detection and implementation of lifestyle changes: Adaptations to Venezuela. IV Congress of Obesity, Prediabetes and Metabolic Syndrome. Clinic of Cardiometabolic Studies Los Andes (CECMLA). Merida, Venezuela 2014.
241. 2014 Prevalence of cardiometabolic risk factors in Venezuela: Systematic review. IV Congress of Obesity, Prediabetes and Metabolic Syndrome. Caracas, Venezuela 2014.
242. 2014 Prediabetes and Metabolic Syndrome Diabetes Course. FENADIABETES-ALAD. Barquisimeto, Venezuela 2014.
243. 2014 Early therapeutic approach in patients with type 2 diabetes. XV Congress of the Venezuelan Society of Endocrinology and Metabolism "Dr. Virgilio Bosch ". Caracas, Venezuela 2014.
244. 2014 Therapeutic Implications of Obesity in Type 2 Diabetes. XV Congress of the Venezuelan Society of Endocrinology and Metabolism. Caracas, Venezuela 2014.
245. 2014 Clinical cases: Implications of Therapeutics of Obesity in Diabetes. Congress of the Venezuelan Society of Endocrinology and Metabolism. Caracas, Venezuela 2014.

246. 2014 Detection and early intervention in individuals with impaired glucose metabolism. XX Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2014.
247. 2014 How to optimize glycemic control in type 2 diabetes? XV Congress of the Venezuelan Society of Endocrinology and Metabolism. Caracas, Venezuela 2014.
248. 2014 Insulin therapy in consultation and in hospitalized patients. Conference for Postgraduate Residents. Central Hospital "Antonio María Pineda". Barquisimeto, Venezuela 2014.
249. 2014 Medical nutritional therapy in the patient with Diabetes mellitus. XV Congress of the Association of Nutritionists and Dieticians of Venezuela. Caracas, Venezuela 2014.
250. 2014 Basic insulin initiation exercises: Putting the evidence into practice. XV Lunch Conference Laboratory Novonordisk. Valencia, Venezuela 2014.
251. 2014 Is it possible to regulate glucagon intelligently? Dinner conference. Novartis Laboratory. Barquisimeto, Venezuela 2014.
252. 2014 Medical nutritional therapy in the patient with Diabetes mellitus. Event: Launch of Glucerna Triple Care. Abbott Laboratories Maracay, Venezuela 2014.
253. 2014 Epidemiology of Diabetes in Latin America and Venezuela. Early Experience Kick Off Trayenta. Boehringer-Ingelheim Laboratory. Caracas, Venezuela 2014.
254. 2014 Detection and early intervention in Prediabetes. 2014.
255. 2014 Anatomy Digestive Physiology. Diploma of Clinical Nutrition. 2014.
256. Metabolism of carbohydrates, fats and proteins. Diploma of Clinical Nutrition. 2014.
257. 2014 Detection and early intervention in individuals with impaired glucose metabolism. 2014.
258. 2014 The growing problem of Obesity. Focus on Venezuela. 2014.
259. 2014 Prevalence of cardiometabolic risk factors in Venezuela: Systematic review. IV Congress of Obesity, Prediabetes and Metabolic Syndrome. Caracas, Venezuela 2014.
260. 2015 Basic nutrition Healthy nutrition. Group Bell talks. Barquisimeto, Venezuela 2015.
261. 2015 New Pathophysiological Mechanisms Associated with the Development of Diabetes Mellitus: Role of the Kidney in Glucose Homeostasis. 2nd Diabetes Academy. Astra Zeneca Laboratory. Ascardio Barquisimeto, Venezuela 2015.
262. 2015 Prevalence of diabetes and cardiometabolic risk factors in Venezuela. XXI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2015.
263. 2015 Healthy nutrition for Venezuela: The proposal. Central report: Promoting a healthy lifestyle in Venezuela. XXI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2015.
264. 2015 Healthy nutrition for Venezuela. Healthy Movement Sala the Impulse. Barquisimeto, Venezuela 2015.

265. 2015 Glycemic control without hypoglycemia: Is it possible to regulate glucagon intelligently? ASCARDIO Congress. Novartis Laboratory. Barquisimeto, Venezuela 2015.
266. 2015 Exploring the potential of SGLT2 inhibition beyond glycaemia: Uric acid and Lipids. South American Scientific Exchange Meeting. Brazil, 2015.
267. 2015 Ongoing Cardiovascular Outcomes Trials: increasing our understanding of Cardiovascular outcomes. South American Scientific Exchange Meeting. Brazil, 2015.
268. 2015 Metabolic response to stress. Diploma of Clinical Nutrition. Panama City, Panama 2015.
269. 2015 Nutrition in renal failure. Diploma of Clinical Nutrition. Panama City, Panama 2015.
270. 2015 Nutrition in Pancreatitis. Diploma of Clinical Nutrition. Panama City, Panama 2015.
271. 2015 Extra-glycemic effects of DPP-4 inhibitors. Dinner Conference. Novartis Laboratory. Barquisimeto, Venezuela 2015.
272. 2015 Regulation of energy intake. Nutrition classes. Panama University. Panama City, Panamá 2015.
273. 2015 Evaluation of the FINDRISC as a screening tool for people with impaired glucose regulation in Venezuela using a modified score with validated regional cutoff values for abdominal obesity. 8th world Congress on Prevention of Diabetes and its Complications. Cartagena, Colombia 2015.
274. 2016 Role of the kidney in glucose homeostasis: SGLT2 inhibitors. Dinner conference. Astra Zeneca Laboratory. Panama City, Panama 2016.
275. 2016 Healthy nutrition for Venezuela. Healthy Movement Sala the Impulse. Barquisimeto, Venezuela 2016.
276. 2016 Transculturalizing diabetes prevention in Latin America. Department of Public Health Sciences. Grand Rounds. University of Miami. Miller School of Medicine. Miami, USA 2016.
277. 2016 Cardiovascular protection with DPP-4 inhibitors. Ascardio days. Barquisimeto, Venezuela 2016.
278. 2016 Metabolic response to stress. Diploma of Clinical Nutrition. Panama City, Panama 2016.
279. 2016 Pathophysiology of Obesity. Physiopathology of nutrition. Panama City, Panama 2016.
280. 2016 Research goals of EVESCAM Group. Video Conference. Creation of Researchers Pyramid. Panama, Venezuela, USA 2016.
281. 2016 Vitamin D, diabetes, and cardiovascular risk. Peruvian Congress of Endocrinology. Symposium Vitamin D. Lima, Peru 2016.
282. 2016 Vitamin D: Recognizing a dual molecule. Symposium Vitamin D. Laboratory Sanofi Aventis. Cartagena, Colombia 2016.
283. 2016 Vitamin D, diabetes, and cardiovascular risk. Symposium Vitamin D. Laboratory Sanofi Aventis. Cartagena, Colombia 2016.

284. 2016 Prevalence of diabetes and cardio-metabolic risk factors in Venezuela. XXI Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2015.
285. 2016 Indirect calorimetry: Measurement and interpretation. Physiology Seminar. Panama City, Panama 2017.
286. 2016 Transculturalizing cardiometabolic prevention in Latin America. Cardio-Diabetes Congress Sanofi Scientific Meeting (SSM 4.0). Punta Cana, Dominican Republic 2017.
287. 2017 The future of EVESCAM. XXIII Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2017.
288. 2017 Research goals of EVESCAM Group. Video Conference. Venezuela (UCLA, UCV, UC, ULA, LUZ), Panama (UP), USA 2017.
289. 2017 Creation of Researchers Pyramid. Presentation at the University of Panama. Panama City, Panama 2017.
290. 2017 Defining cardiometabolic phenotypes: Is hypertension different in Venezuela? Webinar. Miami, USA 2017.
291. 2018 Breaking bad news and end of life treatment decisions. University of Miami. Miller School of Medicine. Miami, USA 2018.
292. 2018 Obesity: Is it resolving or are we getting worse? XXIX Congress of the Venezuelan society of internal medicine. Caracas, Venezuela 2018.
293. 2018 Sarcopenia and aging. XXIX Congress of the Venezuelan Society of Internal Medicine. Caracas, Venezuela 2018.

DISCLOSURES

1. Board member for Abbott Nutrition, Sanofi-Aventis, Astra Zeneca, Bristol-Myers Squibb, Roche and Pfizer.
2. Speaker of Novo Nordisk, Abbott Nutrition, Sanofi-Aventis, Astra Zeneca, Bristol-Myers Squibb, GSK, Pfizer, Eli Lilly, MSD, Novartis, Boehringer-Ingelheim and Merck
3. Funding for travel and accommodations from Novo Nordisk, Abbott Nutrition, Sanofi-Aventis, GSK, Pfizer, MSD, Novartis, Merck and Roche
4. Research grant from Novartis for EVESCAM Study (2014) and educational grant from Merck (2019)